

MUNSTER STAR AWARDS



MUNSTER ATHLETICS

STAR AWARDS BANQUET 2018

Hosted by

LIMERICK COUNTY BOARD

Saturday 1st February 2019

Rathkeale House Hotel







Chairman's Welcome

On behalf of Munster Council AAI, it gives me great pleasure to welcome each and every one of you here tonight to Rathkeale House Hotel for our Annual Star Awards Banquet.

Tonight we honour the recipients of 2018 for their achievements over the past year. This year again we have some new athletes receiving their first Munster Award. Congratulations to all our Award Winners.

I would also like to express the gratitude of Munster Council to Limerick County Board for the huge amount of time and effort put into organising tonight's Banquet.

Thanks to the management and staff of Rathkeale House Hotel on the excellent facilities provided and for the help and co-operation given by Limerick County Board.

Finally I would like to thank each and every one of you for your support here tonight. I hope ye will all have a very enjoyable evening and a safe journey home afterwards.

Mossie Woolfe

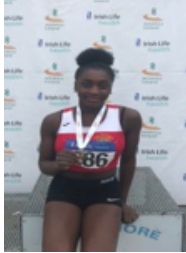
Chairman



Munster Track, Field & Indoor Juvenile Awards 2018

CLARE

Chisom Ugwuera
– Ennis Track A.C.



Munster U17 Indoor
Long Jump – 1st Place
Triple Jump – 1st Place
Munster U17 T & F
Long Jump – 1st Place
National U17 Indoor
60m Hurdles – 3rd Place
Triple Jump – 1st Place
Long Jump – 2nd Place
National T & F
100m Hurdles – 3rd Place

CLARE

Darragh Minter
– St Marys A.C.



Munster Juvenile indoors Gold – 60m & Long Jump
Silver – 60m Hurdles & High Jump
Munster Juvenile Outdoor Gold – Long jump
Bronze – 100m
Munster Junior indoors Gold – Shot
Silver – Long Jump
Munster Junior Outdoor 4th – Long Jump & 100m
All Ireland Juvenile indoors Silver – Hurdles & Long Jump
All Ireland Combined Events Silver
All Ireland Juvenile Outdoor Gold – Discus
Silver – Long Jump
Bronze – 100m
All Ireland Junior Outdoor Silver – Long Jump

CORK

Emily Wall
Leevale



Munster Indoors U16 – Pentathlon -1 st (2560pts)
U16 – 60m Hurdles – 1st in 9.42
Munster T & F U16 – 80m Hurdles – 1st in 12.38
U16 – 100m – 2nd in 13.23
U16 – 250m Hurdles 1st in 37.09
National Indoors U16 – Pentathlon – 2nd (2637pts)
U16 – 60m Hurdles 1st in 9.05
National T & F U16 – 250 Hurdles – 1st in 36.86
U16 – 80m Hurdles – 1st in 12.09



Munster Track, Field & Indoor Juvenile Awards 2018

CORK

Harry Nevin
Leevale



Munster U15 Indoor Pentathlon – 1st Place (2963pts) CBP
60m Hurdles – 1st place in 8.83 CBP

Munster U15 T & F
80m Hurdles – 1st in 11.85
250m Hurdles – 1st in 33.28 CBP
100m – 2nd in 12.38
Long Jump – 2nd with a jump of 5.55m
Shot Put (3k) – 2nd with a throw of 13.09m

National U15 Indoor
Pentathlon – 1st Place (3349pts) CBP
60m Hurdles – 1st Place in 8.83
60m – 1st Place in 7.60

National T & F
80m Hurdles – 1st in 11.53
250m Hurdles – 1st in 33.28 CBP

KERRY

Alyce O'Connor
– Kenmare &
District A.C.



Munster U18 Indoor 800m – 1st Place in a time of 2:23.74
Munster U18 T & F 1500m – 1st Place in a time of 4:51.77

KERRY

Jordan Kissane
Tralee
Harriers A.C.



Munster Indoor
U16 – Gold in the 200m in 24:19
U16 – Silver in the High Jump 1.65m
U16 – Silver In the Long Jump 5,68m

Munster T & F
U16 – Gold in the 100m 11:88
U16 – Gold in the 200m 23:43
U16 – Gold in 250m Hurdles 36:67
U16 – Gold in the High Jump 1.60m

National Indoors
U16 – Gold in the 200m 23:46
U16 – Bronze in the Long Jump 5.73m
U16 – Bronze in the High Jump 1.65m

T & F
U16 – Silver in the Pentathlon 2983pts
U16 – Gold in the 100m 11:43
U16 – Gold in the 200m 23:27



Munster Track, Field & Indoor Juvenile Awards 2018

LIMERICK

LIMREICK

TIPPERARY

Laura Frawley
St Marys A.C.



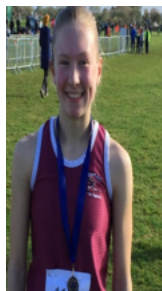
Munster Indoor	1st Long Jump, 1st Shot Putt 1st Pentathlon
2nd High Jump	3rd 60m Hurdles 3rd 60m Sprint Munster T & F
Munster T & F	1st Long Jump, 1st High Jump, 1st Shot Putt, 1st Hurdles, 1st Pentathlon CBP Silver in the relay
National Championships	1st in the Pentathlon CBP
Schools National Finals	1st in the Pentathlon
Celtic Games	1st in the Long Jump

Geoffrey Joy – O'Regan
Sunhill
Harriers A.C.



Munster Indoor	1st U15 High Jump Indoors 1.75m
Munster T & F	1st U15 High Jump 1.80m 2nd U15 Triple Jump 10.69m
National T & F	1st U15 High Jump 1.83CBP Celtic Games High Jump
Munster Schools	1st North Munster Junior High Jump =CBP 1st North Munster Minor Long Jump 1st Munster Junior High Jump CBP 1st Munster Minor Long Jump
Irish Schools	1st Junior High Jump CBP 1st Minor Long Jump

Aimee Hayde
Newport A.C.

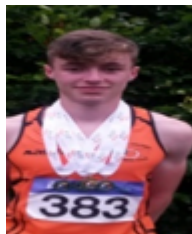


Munster Indoor	U16 – 1500m – 1st in 4:41.0 CBP
Munster T & F	U16 – 800m – 1st Place U16 – 1500m – 1st Place
Munster Cross Country	U16 – 4,000m – 1st Place U17 – 4,000m – 1st Place
National Indoor	U16 – 1500m – 1st in 4:28.76 NR
National T & F	U16 – 800m – 2:11:00 NR U16 – 1500m – 1st in 4:30.00 NR
National Cross Country	U16 – 4,000m – 1st Place U17 – 4,000m – 1st Place
Celtic Games	U17 – 800m – T & F – 2nd Place U17 – 3500m – Cross Country – 2nd Place

Munster Track, Field & Indoor Juvenile Awards 2018

TIPPERARY

Sean Carolan
Nenagh Olympic
A.C.



Munster Indoor U18 – Shot – 2nd Place 12.94m
Munster T & F U18 – Shot – 1st Place 13.92m
 U18 – Discus – 1st Place 40.70m
 U18 – Hammer – 1st Place 47.48m
 U18 – Javelin – 1st Place 53.68m
National Indoor U18 – Shot – 2nd Place 14.44m
National T & F U18 – Javelin – 2nd Place 47.72m
 U18 – Shot – 2nd Place 12.55m
 U18 – Discus – 3rd Place 42.05m

WATERFORD

Emily O'Mahony
- Waterford A.C.



Munster indoor Junior women 1st TJ
Munster T&F U18 1st TJ, LJ, 100mh and 2nd 100m sprint
Munster T&F junior women 2nd TJ & 3rd LJ
Schools East Munster's 1st LJ & 1st TJ
 Munster's 1st LJ & TJ
 Munster schools combined event 2nd
National indoor U18 2nd TJ, 3rd LJ & 3rd pentathlon
National AAI T&F U18 2nd TJ & 3rd 100mh
National T & F T&F Junior women 1st TJ & 3rd LJ
Tailteann Games 1st TJ & 2nd LJ
 Qualified for SIAB international team in TJ
 in Grangemouth where she finished 5th.




WATERFORD

Callum Hurley
Ferrybank A.C.



Munster Championships Indoor – 1st. 800m U16
 T & F – 1st. 800m – 2nd. 1,500m U16
 Cross Country – 5th. U16 – 12th. U17.
All Ireland's Cross Country U16- Munster
 team medal bronze
Munster Schools 2nd 800m junior
 Schools Cross Country 4th

Munster Track, Field & Indoor Awards 2018

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Junior Women</p>	<p>Vickie Cusack Liscarroll A.C.</p> 	<p>MUNSTER INDOORS C/SHIPS. U19 – 1st Shot – 1st L/Jump Junior – 2nd Shot – 2nd L/ Jump Senior – 3rd Shot</p> <p>MUNSTER TRACK/FIELD C/SHIPS U19 – 1st Shot - 1st L/ Jump, 1st Jav – 2nd T/ Jump Junior – 1st Shot – 1st L/Jump 2nd Javelin. Senior 3rd Shot – 3rd L/Jump 2nd Jav – 2nd T/Jump</p> <p>ALL IRELAND INDOOR C/SHIPS U19 – 3rd Shot 1st L/Jump ALL IRELAND TRACK/FIELD C/SHIPS U19 - 2nd Shot – 1st L/Jump – 2nd Jav. Junior 2nd Jav. – 2nd 28lb Dist Senior 1st Shot 3rd L/Jump</p> <p>MUNSTER SCHOOLS</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Junior Men</p>	<p>Shane Monagle Tramore A.C.</p> 	<p>Munster Indoor U19 - 1st 60mH, 60m, 200m CBP, 400m.</p> <p>Munster T&F U19: 1st 110mH, 100m CBP, 200m CBP.</p> <p>Munster Indoor Junior: 1st 60mH</p> <p>All Ireland Indoor Junior: 1st 60mH.</p> <p>All Ireland T&F U19: 1st 110mH, 100m, 200m.</p> <p>All Ireland T&F Junior: 2nd 110mH.</p> <p>All Ireland Schools: 2nd 110mH.</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Under 23 Women</p>	<p>Denise O'Connor Tramore A.C.</p> 	<p>Munster U23- Indoor 1st 60m Hurdles 1st 200m 1st 400m 2nd 60m 2nd shot putt 3rd long jump 1st Senior 400m 2nd Senior 200m</p> <p>Munster U23 Track & Field 1st 400m hurdles 1st 100m 2nd 200m</p> <p>All Ireland - U23 3rd 400m hurdles</p>

Munster Track, Field & Indoor Awards 2018

U23 Men	<p>Rossa Foley Farranfore Maine Valley</p> 	<p>Munster Indoor U23 – Triple Jump 1st Place U23 – Long Jump 2nd Place U23 – Shot 2nd place U23 – Weight for Distance 2nd Place Senior – Shot 1st Place Senior – Weight tor Distance 2nd Place</p> <p>Munster T & F U23 – Discus – 1st Place U23 – Javelin – 1st Place U23 – Shot – 1st Place U23 – Triple Jump – 1st Place U23 – Weight for Distance 1st Place</p> <p>National Indoors U23 – Weight for Distance – 3rd Place</p> <p>National T & F U23 – Javelin – 3rd Place U23 – Triple Jump – 3rd Place U23 – Weight for Distance 4th Place</p>
Senior Women	<p>Orla O'Reilly Tralee Harriers A.C.</p> 	<p>Munster Senior Indoors 1st 60m</p> <p>Munster Junior Indoors 2nd 60m</p> <p>Munster U19 T&F 1st 100m, 1st 200m</p> <p>Munster Senior T&F 1st 100m, 2nd 200m</p> <p>Munster Junior T&F 3rd 100m</p>
Senior Men	<p>John O'Dwyer Templemore A.C.</p> 	<p>Munster Senior indoors 1st Shot 13.43M 1st 56lbs WFD 7.32M</p> <p>National Senior Indoors 1st 56lbs WFD 7.31M</p> <p>Munster Senior Outdoor T & F 1st Shot 11.79M 1st Hammer 50.33M 1st 56lbs WFD 7.67M 3rd 56lbs WFD 7.55M 3rd 56lbs WFH 3.7M</p> <p>National Outdoor T & F 1st Hammer 48.50M 2nd 56lbs WFD 7.39M 3rd Shot 12.39M</p> <p>Master All Irelands 4th Weight Throw 15.45M 6th hammer 52.21M 14th Shot 12.09M</p>

Munster Track, Field & Indoor Awards 2018

Masters Women

Shirley Fennelly
Tramore A.C.



Munster Indoors 1st 60m,
1st Long jump
3rd Shot

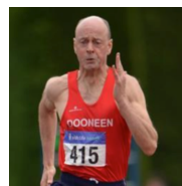
Munster Track & Field 1st 100m,
1st Long jump
1st Javelin

All-Ireland Indoors 1st Long jump

All-Ireland Track & Field 3rd Long jump
3rd Javelin

Master Women

Tim Ryan
Dooneen A.C.



M55

Munster Indoors 1st 60m 8.68
1st 200m 28.42
1st 400m 104.17 CPB

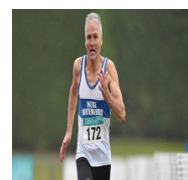
Munster Outdoors 1st 100m 13.69
1ST 200m 27.77
1st 400m 104.27

All Ireland Indoors: 3RD 60m 8.34
2ND 200m 27.43
1ST 400m 101.25

All Ireland Outdoors 1st 100m 12.98
2nd 200m 26.61
1st 400m 102.24

International Award

Joe Gough
West Waterford
A.C.



Munster Men 065 Indoor 1st 200m in 29.32 CBP
1st 400m in 1:02.25 CBP

Munster T & F Men 065 1st 400m in 1:02.76CBP

Munster 4 Mile Road 065 – 1st Place

Munster Cross Country 065 – 1st Place

National Indoor 1st 200m ,1st 400m,1st 800m 1st 1500m

Irish Records in the
200, 400, 800 and 1500
National T & F

World Record in the 800 Abbotstown
1st in the 800. Tullamore
4 Irish Records in the 400 ,800 and 1500

European Indoor 1st in the 800 and 1500. Madrid

World T & F 1st in the 800 and 1500. Malaga

Awards Championship Record in the 800.
Munster Athletics International Athlete of the Year
Irish Master Athlete of the Year
European Master Athlete of the Year

Munster Track, Field & Indoor Awards 2018

Patsy O'Connor Award

Vincent McCarthy
– Kilnaboy A.C. –
Clare



Vincent has been involved in athletics since the early 80's, first as an athlete and then as an administrator. He was Secretary of Clare BLE from 1985 to 1999. He also served as treasurer for Munster BLE. Since 1999 he has been Secretary of Clare AAI. Clare County Board recommend Vincent for this award for the immense amount of work that he has put into Clare Athletics for the past 35 years. As a self-employed person it's hard to know how he finds the time to coach his own club, organise all competitions in Clare, lay out courses, organise coaching courses, schools races, awards socials, coaches and manages very successfully Clare Community Games cross country teams and helps out at Munster and National competitions. To cap it all he coaches his local GAA club minor football team. For his immense contribution to the Sport of Athletics with his club Kilnaboy, Clare County Board and Munster Athletics we are delighted to recommend Vincent McCarthy as the recipient of the 2018 Patsy O'Connor Award

Clare

Mark Hanrahan
Ennis Track A.C.



Hall of Fame Awards

Munster Cross Country:

1st Munster u16
4th Munster u17

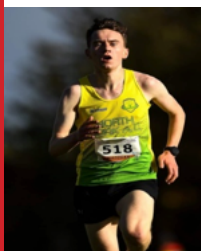
All Irelands

12th – u16
18th – u17

Celtic International 2018 32nd

Cork

Damien Madigan
North Cork A.C.



Munster Cross Country

u19 cross country: 1st
Munster Schools Senior: 5th
All Ireland Cross Country
u19: 8th
u20 : 18th

Munster Track, Field & Indoor Awards 2018

Kerry

Niamh O'Mahoney
An Ríocht A.C.



Munster Cross Country U17 – 3rd Place
U18 – 1st Place

National Cross Country U17 – 11th Place
U18 – 5th Place

Selected to Represent Ireland at the Antrim Open & Celtic Cross Country

Munster Schools 3000m – 1st Place

Irish Schools 3000m – 1st Place

Tailteann Games 3000m – 1st Place

S.I.A.B International 3000m – 2nd Place

Irish Schools CC 2nd Place

Limerick

Kevin O'Grady
Dooneen A.C.



Munster indoor Junior – 1500m – 1st
Junior 5000m 1st (record)

Munster Cross Country
U18 - Cross Country – 3rd Place

National T & F

Junior 3000m 6th in a PB

National Cross Country
U18 – 5000m – 15th

Tipperary

Aimee Hayde
Newport A.C.



Munster Cross Country

U16 – 4,000m – 1st Place

U17 – 4,000m – 1st Place

National Cross Country

U16 – 4,000m – 1st Place

U17 – 4,000m – 1st Place

Celtic Games

U17 – 800m - T & F – 2nd Place

U17 – 3500m – Cross Country – 2nd Place



Munster Track, Field & Indoor Awards 2018

Waterford

Orla O' Connor
Waterford A.C.



Munster Cross Country
U19 – 1st Place
National
U19 – 2nd Place
Represented Ireland in Cross Country
At U20
Member of the Waterford A.C. at the European Club Cross
Country in Albufeira on the 3rd February

Senior Women

Michelle Kenny
Leevale A.C.



Senior/Master Cross Country and Road Awards

Munster Road Championships
2nd Senior
1st Novice, ,
1st 035

AAI National Masters XC2nd
European Masters XC, Madrid, 4th 035

British & Irish Masters International XC, Swansea,
6th 035
Member of Irish 035 team that won Silver Medals

Senior Men

Niall Shanahan
An Bru A.C.



Munster Championships
Novice Men Road – Gold
Senior Men Road – Silver

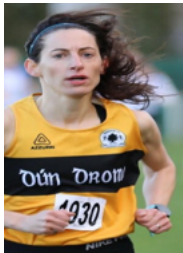




Munster Track, Field & Indoor Awards 2018

Masters Women

Dymphna Ryan
Dundrum A.C



2nd Masters road;

6th Munster senior cross country and first home for the Dundrum AC club winning team;

1st in Munster Masters cross country

Senior Men

Sean McGrath
East Cork A.C.



Munster Road
Novice – 1st Place
Senior – 1st Place





Munster Club & County Awards

Club Awards

<i>Juvenile Indoor Club</i>	<i>Leevale A.C.</i>
<i>Senior & Junior Indoor Club</i>	<i>Leevale A.C.</i>
<i>Masters Indoor Club</i>	<i>Rising Sun A.C.</i>
<i>Juvenile Track & Field Club</i>	<i>Leevale A.C.</i>
<i>Senior & Junior Track & Field Club</i>	<i>Leevale A.C.</i>
<i>Masters Track & Field Club</i>	<i>Gneeveguilla A.C.</i>
<i>Juvenile Cross Country Club</i>	<i>Ennis Track A.C.</i>
<i>Senior/Masters Cross Country & Road Club</i>	<i>Ennis Track A.C.</i>
<i>Juvenile "B" Cross Country Club</i>	<i>Bandon A.C.</i>

County Awards

<i>Juvenile Indoor Club</i>	<i>Cork</i>
<i>Senior & Junior Indoor Club</i>	<i>Cork</i>
<i>Masters Indoor Club</i>	<i>Cork</i>
<i>Juvenile Track & Field Club</i>	<i>Cork</i>
<i>Senior & Junior Track & Field Club</i>	<i>Cork</i>
<i>Masters Track & Field Club</i>	<i>Cork</i>
<i>Juvenile Cross Country Club</i>	<i>Cork</i>
<i>Senior/Masters Cross Country & Road Club</i>	<i>Cork</i>
<i>Juvenile "B" Cross Country Club</i>	<i>Cork</i>





MUNSTER STAR AWARDS 2018

