



Munster Star Awards 2016



**Clonmel Park Hotel,
Clonmel,
Co. Tipperary On
Saturday 11th February
2017**



www.munsterathletics.com

Chairman's Welcome

It gives me great pleasure to welcome each and every one of you here tonight to the Clonmel Park Hotel for our Annual Awards Banquet.

I would like to thank Ms. Georgina Drumm, President of Athletics Ireland for joining us tonight to honour the recipients of 2016 Munster Athletics Awards.



I would also like to express the gratitude of the Munster Provincial Council to Tipperary County Board for the huge amount of time and effort put into organising tonight's Banquet.



We would like to thank the management and staff of the Clonmel Park Hotel on the excellent facilities provided and for the help and co-operation given to Tipperary County Board.

Wishing each and every one of you an enjoyable evening and a safe journey home afterwards.

Mossie Woulfe
Chairman



Munster Indoor/ Track & Field Juvenile Awards 2016

Clare	Athlete	Achievements
	 Kate Taylor <i>St. Cronans A.C.</i>	<p>1st in Junior All Ireland 100m hurdles 2nd in Senior All Ireland 100m hurdles 1st in Munster 100m hurdles 1st in Schools All Ireland Triple Jump 2nd in Long Jump Juvenile All Ireland 3rd in Junior 60m hurdles</p>
	 Darragh Minitier <i>St. Mary's A.C. Clare</i>	<p>Clare County Indoors (U17) - Gold - Shot, High Jump, Bronze - 60 Clare County Outdoors - did not compete due to family reasons Clare Community Games - Gold - Discuss National Community Games - Silver - Discuss PB 49; 76 Munster juvenile Indoors - Bronze – Pentathlon, Gold - 60m, shot Silver - 200m, 60m Hurdles, High Jump Munster Outdoors - Gold - 100m Hurdles, Discuss, Shot, Bronze - 100m 200m & long jump Irish Juvenile Indoors - Bronze – Pentathlon, Gold - 60m, shot (New PB's), Silver - 200m Irish Spring Throws Open Competition - Gold – Discuss Irish Juvenile Outdoors - Gold - 100m Hurdles, Discuss, Silver - 200m Munster Schools Outdoors - Gold – Shot, Silver – 100m Hurdles Munster Schools Combined Intermediate – Bronze All Ireland Schools Combined Intermediate - Bronze</p>

Cork	Athlete	Achievements
	 Vickie Cusack <i>Liscarroll A.C.</i>	<p>Munster Award in 2014, 2015 & 2016 Munster Indoor Youth Pentathlon – 1st Munster Indoor Juniors – 1st HJ (1.60m) All Ireland Indoors U/17 – 1st Shot Putt (10.68m) Munster Junior T&F – 2nd Shot Putt & 3rd Javelin All Ireland Outdoor Youth Pentathlon – 2nd Munster T&F U/17 – 1st Shot Putt (10.57m), 1st Javelin (30.97m), 2nd 300mH, 2nd 100mH & 2nd 400m All Ireland T&F U/17 – 3rd Shot Putt, 3rd 300mH, 3rd Javelin (30.24m) Munster Senior T&F – 1st 400mH, 2nd Long Jump, 2nd High Jump, 2nd Javelin & 3rd Shot Putt Also competed successfully for Davis College, Mallow at Irish Schools Championships & Internationally for Irish Schools Combined Events Team for 3rd year in a row.</p>
	 Wymin Sivakumar <i>Leevale A.C.</i>	<p>Wymin got 2016 off to a great start at the Munster Indoor Championships where he completed a double winning the 60mH (9.24sec) & the Long Jump (5.45m). At the National Indoors he finished 2nd in the Long Jump (5.33m) & led off the Leevale team to victory in the 4 x 200m Relay. At the Munster Outdoors in CIT, Wymin had a fantastic triple when winning the 80mH (11.76sec), Long Jump (5.54m) & Triple Jump (11.81m). He went on to win the National Triple Jump title (12.03m) while finishing 3rd in the Long Jump (5.60m). He was part of the Leevale 4 x 100m Relay team that won both Munster & National titles. He finished 2nd in both the Junior Triple Jump (10.64m) & 80mH (12.83sec) at the Munster Schools in Waterford before collecting bronze in the Triple Jump (11.46m) at the Irish Schools in Tullamore.</p>

Munster Indoor/ Track & Field Juvenile Awards 2016


Kerry	Athlete	Achievements
	 Ciara Kennelly <i>Killarney Valley A.C.</i>	<p>Ciara won the Girls U/16 Munster Indoor High Jump and set a new record 1st All Ireland Indoor High Jump setting a new record 1st Kerry Schools High Jump setting a new record 1st South Munster Schools High Jump setting a new record, 2nd in the 200m 1st Munster Schools High Jump setting a new record 1st All Ireland Schools High Jump 1st Kerry Community Games and the All Ireland Community Games High Jump 1st Kerry County Championship High Jump setting a new record 1st Munster Clubs High Jump and silver in the 250 hurdles She was invited to the Tailteann Games even though she was only a junior athlete, she finished 4th in the High Jump.</p>
	 Darragh Courtney <i>St. Brendan's A.C.</i>	<p>Kerry County Championships: U16 1st high jump, 1st 100m hurdles, 1st 250m hurdles, 1st shot, 2nd long jump, 2nd triple jump, 3rd javelin Munster Indoors: 3rd high jump, 3rd 60m hurdles All Ireland Indoors: 2nd high jump, 2nd 60m hurdles Munster Outdoors: 1st high jump, 2nd triple jump, 2nd 250m hurdles, 3rd 100m hurdles All Ireland Outdoors: 3rd triple jump North Munster Schools: intermediate 1st 400m hurdles, 1st 100m hurdles, 2nd high jump, 2nd triple jump Munster Schools: 3rd high jump, 3rd 100m hurdles National Community Games: 1st high jump Represented Kerry in Taiwan for the International Children's Games and came 5th in high jump.</p>


Limerick	Athlete	Achievements
	 Niamh Foley <i>St. Mary's A.C. Lk</i>	<p>Niamh is 15 years old and was first introduced to athletics through the local branch of the Newcastlewest Community Games. She has been involved in athletics since the age of 7 years. She is currently completing the Junior Certificate at SMI Newcastlewest. Niamh has 2 older brothers, Colm and Brian and one younger sister, Kate. Outside of athletics she likes ladies football and her team got to the All-Ireland Feile semifinal in 2016. She owes a lot of her success to her coach and good friend Yvonne Meredith, of St Mary's AC.</p> <p>Niamh's achievements in 2016 include: Gold in the 60m sprint and 60m hurdles and bronze in long jump (Indoor) Gold in the 200m and 80m hurdles and silver in the 250 m hurdles (outdoor)</p>
	 Jamie Mitchell <i>Emerald A.C.</i>	<p>Munster Indoors: Senior 400m Champion U/18 60m, 200m & 400m Champion National Indoors: U/18 400m Champion, 2nd 200m Junior 400m silver Senior 400m 5th North Munster Schools: Senior 400m & 200m Champion Munster Schools T&F: Senior 400m Champion, 2nd 200m All Ireland Schools: Senior 400m silver</p> <p>Munster T&F: U/18 100m 200m & 400m Champion Junior 100m Champion, 2nd 200m National T&F: U/18 400m & 200m Champion Senior 4 x 100m Relay Champions Senior 4 x 400m Bronze Oordegam Meet: New PB 48.56 in 400m European Youths: 400m Semi-Finalist Celtic Games: Member of Gold Medal winning Team</p>

Munster Indoor/ Track & Field Juvenile Awards 2016

Athlete	Achievements
Tipperary	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;">  <p style="text-align: center;">Miriam Daly <i>Carrick-On-Suir A.C.</i></p> </div> <div style="width: 65%;"> <p>County Tipperary T&F: 1st 100m, 200m & Long Jump; Munster T&F: 1st 80mH 11.70 (CBP), 1st 250mH 36.21, 2nd 100mH 13.23, 1st 200m 25.43 All Ireland T&F: 1st 80mH 11.54, 1st 250mH 35.46; Celtic Games: 1st 80mH 11.80 (CBP); County Schools T&F: 1st 100m (Inter); East Munster Schools T&F: 1st 80mH 11.36 (CBP), 1st 300mH 44.49 (CBP); Munster Schools T&F: 2nd 80mH 12.04, 1st 300mH 44.53; Irish Schools T&F: 1st 80mH 11.70, 1st 300m 42.80; Tailteann Interprovincial T&F: 1st 80mH 11.54, 1st 300mH 44.23; SIAB International T&F: 3rd 80mH 11.60, 1st 300mH 42.42 Community Games: 1st U/16 200m & member of winning 4 x 100m Relay team Miriam also received the Sean Nyhan Award for Most Meritorious Performance from an Irish Female Athlete at the Schools International in Ashford. She was also a member of the Carrick-On-Suir A.C. Relay team that won Munster & All Ireland Championships with record performances. Her double wins in the 80mH & 300mH helped Scoil Mhuire win the Intermediate All-Ireland Schools title.</p> </div> </div>
Tipperary	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;">  <p style="text-align: center;">Joseph McEvoy <i>Nenagh Olympic A.C.</i></p> </div> <div style="width: 65%;"> <p>Munster Boys U/16 Indoors: 1st 60mH, High Jump (CBP 1.91m) & Combined Events, 3rd Long Jump. National Boys U/16 Indoors: 1st High Jump, 60mH & Combined Events, 2nd Long Jump. Munster Boys U/16 T&F: 2nd 100mH, Long Jump, Discus, High Jump & Javelin National Boys U/16 T&F: 1st Long Jump & Combined Events, 2nd 100mH & High Jump. Munster Schools T&F: Intermediate Boys 1st High Jump & Javelin. Irish Schools T&F: Intermediate Boys 3rd High Jump Tailteann Interprovincial T&F: Boys U/17 High Jump 2nd SIAB Schools International T&F: Boys U/17 High Jump 3rd County Tipperary T&F: Boys U/16 1st 100mH, Long Jump, High Jump, Javelin, 2nd Discus, 3rd 100m & Shot Putt.</p> </div> </div>
Waterford	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;">  <p style="text-align: center;">Katie Murphy <i>Ferrybank A.C.</i></p> </div> <div style="width: 65%;"> <p>Munster Juvenile Indoor Championships u17 girls: 1st 60m, 1st 200m, 1st Long Jump National Juvenile Indoor Championships u17 girls: 1st 60m, 2nd 200m, 2nd Long Jump Munster Schools Inter girls: 2nd 200m, 2nd 100m Munster Juvenile Championships u17 girls: 1st 100m, 1st 200m National Juvenile Championships u17 girls: 3rd 100m, 2nd 200m National Seniors: 1st 4x100m relay Tailteann Games: 2nd 200m</p> </div> </div>
Waterford	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;">  <p style="text-align: center;">Dion Ryan <i>Waterford A.C.</i></p> </div> <div style="width: 65%;"> <p>All Ireland Schools Senior boys high jump winner 2016 3rd place in the Morton games senior international 2016 3rd place in the cork city senior international 2016 The Brendan o Reilly cup holder for high jump 2016 Senior sports person of the year 2016 waterpark college All Ireland Juvenile Indoor Championships U18 Boys High Jump Silver Medal 2016 All Ireland Junior Men Under 20 High Jump Bronze Medal Munster Championships Under 20 Boys Indoor Long Jump Gold Medal Munster Championships Under 18 Boys Indoor High Jump Gold Medal Munster Championships Under 18 Boys Indoor Hurdles Gold Medal Munster Under 20 Junior Indoor High Jump Silver Medal Munster Senior Indoor Long Jump Silver Medal Munster Championships Under 18 Indoor Triple Jump Silver Medal Munster Championships Under 18 Indoor Long Jump Bronze Medal Broke the Waterford Athletic Club's High Jump Club record held for 41 years</p> </div> </div>

Munster Indoor/ Track & Field Awards 2016

Junior Women	Athlete	Achievements
	 <p style="text-align: center;">Aoibheann O'Brien <i>Tralee Harriers A.C.</i></p>	<p>Munster 1st Indoor U/19 60m (7.81sec) 1st Indoor U/19 Long Jump (5.36m) 1st Indoor U/19 Triple Jump (11.01m) 2nd Indoor Junior Triple Jump (10.58m) 2nd Indoor Senior Long Jump (5.31m) 1st T&F U/19 Long Jump (5.57m) & 2nd 100m (13.22sec)</p> <p>National 1st Junior Indoor Triple Jump (10.92m) 3rd Junior Indoor Long Jump (5.34m) 1st Junior T&F Long Jump (5.53m) 1st T&F U/19 Long Jump (5.66m) 2nd Indoor U/19 Long Jump (5.43m)</p>


Junior Men	Athlete	Achievements
	 <p style="text-align: center;">Dion Marcus <i>An Ríocht A.C.</i></p>	<p>County 200m and 400m Champion Broke the County 400m record Munster 100m 200m and 400m Champion 2nd in the All-Ireland 400m</p>

U23 Women	Athlete	Achievements
	 <p style="text-align: center;">Hayley Fitzsimons <i>Waterford A.C.</i></p>	<p>National Indoors: Irish Record in F40 Shot Putt (5.22m) Leinster Championships: 2nd Shot Putt & Javelin, 3rd Discus</p> <p>Munster U/23 Track & Field 1st Shot Putt, Javelin & Discus Laois Games: 1st Shot Putt (Irish record) & Javelin, 2nd Discus Connaught Games: 1st Shot Putt (5.77 pb), Javelin & Discus (15.90 pb) National Senior T&F: 1st Shot Putt, 2nd Javelin, 3rd Discus IWAS U/23 World Championships: 1st Shot Putt, Javelin (European Record 17.55m) & Discus Jamie Boyle Memorial Games: 1st Shot Putt, Javelin & Discus South East Games: 1st Shot Putt & Javelin (17.77pb) Qualified for IPC European Championships; Nominated for Beat 102/103 Sports Person of the Month for January; Winner of Park Hotel Sports person of the Month for February; Waterford IT, Dept. of Health Sport & Exercise Science Female Sports Star of the Year; Civic Reception by Comeragh District in recognition of outstanding sporting achievements.</p>

Munster Indoor/ Track & Field Awards 2016

U23 Men	Athlete	Achievements
	 Seamus McMahon <i>Shannon A.C.</i>	<p>Munster Indoors: Senior: 2nd in Shot Putt All Ireland U23's Indoors: 1st in Weight for Distance 3rd in Shot Putt Varsities Indoors: 3rd in Weight for Distance Munster T&F U23's: 1st in Hammer, Discus, Shot Putt and WFD All Ireland T&F: 1st in Discus and WFD</p>

Senior Women	Athlete	Achievements
	 Ciara Neville <i>Emerald A.C.</i>	<p>Munster Senior Indoor Championships: 1st 60m & 200m National Junior Indoor Championships: 1st 60m & 2nd 200m Munster T&F Championships: 1st U/18 100m & 200m, 2nd 100mH National Junior T&F Championships: 2nd 100m & 3rd 200m Munster Schools T&F: 1st Intermediate 100m & 200m Irish Schools T&F Championships: 1st Intermediate 100m, 200m & 4 x 100m Relay World Junior Championships: Member of the Irish 4 x 100m Relay team that came 5th.</p>

Senior Men	Athlete	Achievements
	 Raymond Walsh <i>Abbey Striders A.C.</i>	<p>Munster Indoor u23 pole vault champion Munster Senior outdoor 100m champion Munster Senior outdoor 200m champion</p> <p>In 2016 I was recovering from an injury I obtained in the late summer of 2015, I had taken up pole vault to keep me interested while I was going through my rehab, just after the indoor season I had another little set back which prolonged my return to sprinting. The summer of 2016 is where I started again, the first competition I competed in was a JB league just as a test, the next and last one for 2016 was the Munster seniors where I obtained those 2 titles. 2017 is hopeful with goals of getting both Munster and National titles and trying to obtain the European u23 standard for the 100m.</p>

Munster Indoor/ Track & Field Awards 2016

Master Women	Athlete	Achievements
	 Catherine Moynihan <i>Gneevequilla A.C.</i>	<p>Indoors Munsters 0/35:</p> <p>60m Gold Long Jump Silver</p> <p>National Indoors:</p> <p>60m Gold Long Jump Gold</p> <p>Outdoors:</p> <p>Kerry County:</p> <p>100m Gold Long Jump Silver Shot Silver</p> <p>Munster T&F:</p> <p>100m Gold Long Jump Gold (new record) 200m Gold</p> <p>Nationals:</p> <p>100m Bronze Long Jump Gold</p>

Master Men	Athlete	Achievements
	 Con O'Donovan <i>Rising Sun A.C.</i>	<p>Indoor Munster Championships</p> <p>1st in 60M, 200M, Long Jump 2nd in Shot Putt</p> <p>Outdoor Munster Championships</p> <p>1st in 100m, 200m 2nd in Long Jump and Shot Putt</p>


Club Awards – Indoor & Track & Field


	<p>Leevale A.C. Top Juvenile Indoor Club</p>
	<p>Tralee Harriers A.C. Top Junior & Senior Indoor Club</p>
	<p>Rising Sun A.C. Top Master Indoor Club</p>
	<p>Waterford A.C. Top Juvenile, Junior, Senior & Masters T&F Club</p>


Munster Juvenile Cross Country Awards 2016

Clare	Athlete	Achievements
	 <p>Emily Cahill <i>St. Cronan's A.C.</i></p>	<p>Track and Field: 1st Clare 80MH,800M,1500M HJ and LJ</p> <p>Indoors: Clare Indoors 1st HJ 1st 800M 2nd Munster U16 1500M 5th All Ireland 1500m</p> <p>Schools: 3rd Munster Schools 1500m Intermediate Track</p> <p>CROSS COUNTRY: 1st Clare U16 3rd Clare U17 1st Munster u16 Cross Country 3rd Munster U17 Cross Country 10th All Ireland Cross Country U16 Selected for U17 Irish Team for Celtic International Cross Country in Cardiff Jan 2017.</p>
Cork	Athlete	Achievements
	 <p>Stephanie Cotter <i>West Muskerry A.C.</i></p>	<p>All Ireland U/19 Cross Country Champion All Ireland Bronze Medallist U/18 Cross Country Munster Junior, U/19 & U/18 Cross Country Champion County Cork Junior, U/19 & U/18 Cross Country Champion West Cork U/18 Cross Country Champion</p>
Kerry	Athlete	Achievements
	 <p>Shauna Doellken O'Shea <i>Kenmare A.C.</i></p>	<p>Kerry U/19 Cross Country Championships – 1st Munster U/18 Cross Country Championships – 4th Munster U/19/20 Cross Country Championships – 2nd All Ireland U/18 Cross Country Championships – 11th All Ireland U/19 Cross Country Championships – 8th</p>

Munster Juvenile Cross Country Awards 2016

Limerick	Athlete	Achievements
	 <p>Rachel Hosey <i>Dooneen A.C.</i></p>	<ul style="list-style-type: none"> - 6th Girls U/14 Munster Juvenile Even Age Cross Country Championships - 5th Girls U/13 Munster Juvenile Uneven Age Cross Country Championships


Tipperary	Athlete	Achievements
	 <p>Emma Fagan <i>Newport A.C.</i></p>	<p>Munster Schools Indoors: 1st 1200m</p> <p>North Munster Schools Track and Field: 1st 1500m, 2nd Mile</p> <p>Munster Indoors: 3rd 800m, 4th 1500m</p> <p>All Ireland indoors: 7th 800m final, 8th 1500m</p> <p>Munster Track and Field: 2nd 1500m, 4th 800m</p> <p>All Ireland Track and Field: 9th 1500m</p> <p>County Cross Country: 1st u17, 1st u18 4,000</p> <p>Munster Cross Country: 8th u17, 9th u18</p>

Waterford	Athlete	Achievements
	 <p>Micheál Power <i>West Waterford A.C.</i></p>	<ul style="list-style-type: none"> - All Ireland Club Track And Field 1500m 2nd u18 - European Youth Championships 14th in the 3000m in Tbilisi Georgia - Autumn Open Junior Men XC 6th in National Institute of Sport. - Munster u18 XC championships 2nd - All Ireland u18 championships 6th - All Ireland u19 championships 5th

Munster Cross Country & Road Awards 2016

Senior Men	Athlete	Achievements
	 Kevin Moore <i>Dundrum A.C.</i>	<p>1st Munster Novice Road 9th Munster Senior Road 3rd Munster Intermediate Cross Country 12th Munster Senior Cross Country</p> <p>1st Tipperary Senior Road 10mile 3rd Tipperary Senior Road 10k 3rd Tipperary Senior Cross Country 3rd Sussex Senior Cross Country (UK)</p> <p>9th All Ireland Novice Cross Country 9th All Ireland Intermediate Cross Country 5k 15:12 (Docklands 5k Dublin) 4mile 19:57 (Clonmel 4 mile) 3000m 8:59.98 (Cork City Sports)</p>

Senior Women	Athlete	Achievements
	 Shona Heaslip <i>An Ríocht A.C.</i>	<ul style="list-style-type: none"> - National Senior Cross Country Champion - Silver Medallist at National 5000m track and field - Munster Senior Road Champion - Won Celtic Games U.23 Cross Country - Represented Ireland at European Cross Country Championships


Master Men	Athlete	Achievements
	 Frank Hayes <i>East Cork A.C.</i>	<p>I won my age category in the Munster indoors 3k, Munster track 3k Munster road race and was second in Munster cross country. I was a scoring member of East Cork team that was second on Munster senior cross country. I am a coach with St. Catherine's ac, the highlight of last year being the girl u17 team finishing 2nd and u18 team finishing 3rd.</p>

Munster Cross Country/Road/International Awards 2016

Master Women	Athlete	Achievements
	 <p>Niamh O'Sullivan <i>An Ríocht A.C.</i></p>	<ul style="list-style-type: none"> - Category winner at National Masters CC - Category winner at Munster Masters CC - 2nd in Munster Senior Road - Overall winner of Munster Masters Road - Senior team bronze medallist at National Senior CC - Represented Ireland at Home Countries International
International	Athlete	Achievements
	 <p>Noelle Lenihan <i>North Cork A.C.</i></p>	<p>Competed in the IPC Athletics European Championships in Italy and won a gold medal and set a new world record of 32.14m in the women's F38 Discus.</p> <p>Won her first All-Ireland able-bodied bronze medal for shot put in the Juvenile All-Ireland outdoors last summer. Followed by a bronze medal in the Tailteann games in Santry. First time competing in the Tailteann games.</p> <p>Competed at the Berlin Grand prix in Germany in the lead up to the Paralympic Games. Won a silver medal in the shot put women's F37/38 category and won gold in the women's discus shortly after. Rio 2016 finally came around and after 3 weeks of a wait, it was competition time. Battling a late injury, she was able to secure a bronze Paralympic medal and set a new Paralympic record in her F38 class.</p>
International	Athlete	Achievements
	 <p>Joe Gough <i>West Waterford A.C.</i></p>	<ul style="list-style-type: none"> - European Indoor Champion in Master Men's 0/60 800m (2.16.76) & 4th in 1500m (4.44.23), Ancona, Italy - 2nd in Exhibition Master 0/60 800m race in Portland, Oregon (2.16.01) - Munster Indoor 0/60 Champion in 200m & 800m


Munster International & Achievement Awards 2016

International	Athlete	Achievements
	 Stuart Moloney <i>Mooreabbey Milers A.C.</i>	<p>County o35 indoor 3k - Gold Munster Senior Indoor 3k - Silver Co Senior Road Relays - Team Gold (division 2) National o35 Indoor 3k – Gold European Indoor Masters, Ancona, Italy – Masters 0/35 3000m Bronze medal (8.46.71) County Senior outdoor 1500m - Gold Cork City Sports Open 3k - Gold Munster o35 outdoor 3k – Gold County o35 Cross Country - Gold County Intermediate XC - Gold Munster Novice XC – Gold & County Senior XC Team Gold Stuart started running in 2012 after a long sabbatical from the sport, having run Cross Country in Post-Primary school. He considers himself fortunate to have joined Mooreabbey Milers, which over the past 4 years has been more of a family to him than a club. The easiest part of running is actually running and he is humbled by the dedicated and tireless work of the Mooreabbey committee members, who contribute to the development of the club in a way most runners don't appreciate. He attributes his success to his wife, two daughters, parents, club mates and great friend Gerry Reilly. Running has given him much more than physical fitness, as he has met so many likeminded, hardworking, determined individuals from different clubs both locally and nationally. He endured a frustrating end to the year, missing Munster Intermediate, Masters and National Novice Championships with sickness, but hopes to bounce back in 2017.</p>


Achievement	Athlete	Achievements	
	 Hazel Galloway <i>Clonmel A.C.</i>	<table style="width: 100%; border: none;"> <tr> <td style="vertical-align: top;"> <p>Munster Indoors: 1st o/55 60m (9.83) 1st 0/55 200m (35.19) Munster Outdoors: 1st o/60 100m (15.97) 1st o/60 200m (34.55) All Ireland Indoors: 1st o/55 60m (9.68) 2nd o/55 200m (32.35) All Ireland Outdoors: 1st o/60 100m (15.66) 1st o/ 60 200m (33.68)</p> </td> <td style="vertical-align: top;"> <p>European Indoors Ancona Italy: o/60 60m 4th (9.48) o/60 200m 5th (32.43) World Masters T&F Perth Australia: o/60 7th 100m (15.48) o/60 6th 200m (32.11)</p> </td> </tr> </table>	<p>Munster Indoors: 1st o/55 60m (9.83) 1st 0/55 200m (35.19) Munster Outdoors: 1st o/60 100m (15.97) 1st o/60 200m (34.55) All Ireland Indoors: 1st o/55 60m (9.68) 2nd o/55 200m (32.35) All Ireland Outdoors: 1st o/60 100m (15.66) 1st o/ 60 200m (33.68)</p>
<p>Munster Indoors: 1st o/55 60m (9.83) 1st 0/55 200m (35.19) Munster Outdoors: 1st o/60 100m (15.97) 1st o/60 200m (34.55) All Ireland Indoors: 1st o/55 60m (9.68) 2nd o/55 200m (32.35) All Ireland Outdoors: 1st o/60 100m (15.66) 1st o/ 60 200m (33.68)</p>	<p>European Indoors Ancona Italy: o/60 60m 4th (9.48) o/60 200m 5th (32.43) World Masters T&F Perth Australia: o/60 7th 100m (15.48) o/60 6th 200m (32.11)</p>		

Achievement	Athlete	Achievements
	 Sharlene Mawdsley <i>Newport A.C.</i>	<p style="text-align: center;">Member of the Irish Junior Women's 4 x 100m Relay who placed 5th in the Final at the World Junior Track & Field Championships in Bydgoszcz, Poland setting a new Irish record (44.82).</p> <p>Sharlene also set an Irish record of 23.55 seconds for the 200 metres (a World Junior A standard and B qualifying time for the European championships in Oordegem , Belgium which led to qualification for World Junior T&F 200m in Bydgoszcz, Poland.</p>

Munster Achievement Awards 2016

Achievement	Athlete	Achievements
	 Ciara Neville <i>Emerald A.C.</i>	<p>Member of the Irish Junior Women's 4 x 100m Relay who placed 5th in the Final at the World Junior Track & Field Championships in Bydgoszcz, Poland setting a new Irish record (44.82).</p> <p>Ciara's 2016 Achievements are set out earlier in the booklet with her Senior Award</p>



Achievement	Athlete	Achievements
	 Adrian McGinley <i>Templemore A.C.</i>	<p>Tipperary County 60m,400m 1st. Long Jump, 4x200m 2nd (Indoors); 800m, 4x100m 1st. Long Jump 2nd (Outdoors)</p> <p>Munster 4x200m 1st. 60m,200m 2nd (Indoors); 400m,4x100m, Long Jump, High Jump (Munster Record 1.64m) 1st, 110m Hurdles 2nd (Outdoors)</p> <p>National 4x200m 2nd(Indoors) Pentathlon 1st (Outdoors) 4x400m 1st Place (National Record Outdoors 3mins 45secs.11), 110m Hurdles 2nd.</p> <p>European Masters Indoors Ancona, Italy 0/35 4x200m 3rd place (National Record 1min 37secs.11)</p>

Munster Achievement Awards 2016

Achievement	Athlete	Achievements
	 Brendan Leahy <i>Waterford A.C.</i>	<p>Waterford County's 200m 1st, 400m 1st, 800m 3rd.</p> <p>Munster Indoors O35 200m 1st, Munster Outdoors O35 100m 2nd, 200m 1st.</p> <p>National Indoors O35 200m 3rd, 400m 2nd. National Outdoors O35 200m 2nd, 4X100m Relay 2nd.</p> <p>European Masters Indoors Ancona, Italy 0/35 4x200m 3rd place (National Record 1min 37secs.11)</p>

Achievement	Athlete	Achievements
	 Ger Cremin <i>An Ríocht A.C.</i>	<p>Gold in National Men's 0/35 100 metres for the 2nd year in a row in 11.62 seconds.</p> <p>Silver in the 110m hurdles in an Irish Master record time of 15.85 secs at the British Masters Championships in Birmingham last September.</p> <p>European Masters Indoors Ancona, Italy 0/35 4x200m 3rd place (National Record 1min 37secs.11)</p>

Achievement	Athlete	Achievements
	 Colm Lynch <i>Iveragh A.C.</i>	<p>All Ireland Masters Indoor Championships – 1st O35 400m 2nd O35 200m</p> <p>European Masters Indoor Championships - 3rd O35 4 x 200m Relay (National Indoor Record 1 min 37 sec.11) Overall 9th Place in O35 400m</p> <p>All Ireland Masters Outdoor Championships - 1st O35 200m 3rd O35 400m</p>



Club Awards – Road & Cross Country



Ennis Track A.C.

Top Juvenile Cross Country Club

Top Senior & Master Cross Country & Road Club



Kilmurray/Ibrickane A.C.

Top Juvenile 'B' Cross Country Club

County Awards



Cork

Best Overall Juvenile Indoor County

Best Overall Senior, Masters Indoor County

Best Overall Juvenile Track & Field County

Best Overall Senior, Master Track & Field County

Best Overall Juvenile Cross Country County

Best Overall Senior Cross Country County

Best Overall Master Cross Country County

Patsy O'Connor Officer Award

Jerome Crowley

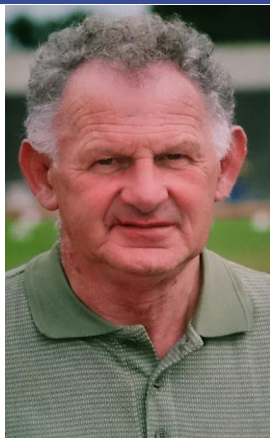
Farranfore Maine Valley A.C.

Jerome Crowley commenced his athletics career in the mid 1950's when he competed very successfully as a juvenile in a sports meeting at Firies, Ballyhar and Currow. In fact, he was unbeatable in the 100-yard sprint U/12 and U/14. It must be remembered that there were no organized juvenile athletics championships in those days and young people were lucky to get one or two juvenile events in meetings almost solely for senior athletes. He attended Tralee C.B.S. and in 1962, with colleagues Ted Fitzgerald, Henry Kenney and Brian O'Neill won the Munster Schools 4 x 100-yard relay. They went on to win bronze medals at the All-Ireland Schools that year. In 1961, he won the County Senior Long Jump title and placed second in the Triple Jump. In 1962 and 1963 he won medals in both the Long and Triple Jump at the Munster Schools Championships. Jerome was part of the Club team who won the coveted Quill Cup for the first time in 1962. He was and still is very dedicated to his sport and proof of this was his attendance at what was then the Annual Summer School of Athletics. This was the first real attempt at athletics coaching organized by the late Jack Sweeney at U.C.D. On that occasion, he and his Club mate, Tom Walsh set out on a Saturday morning on a 150cc motorcycle and took in the National Championships which were held in Fermoy. They continued on to the coaching course and returned back to Farranfore at the end of the week. In the following years, Jerome won many prizes for Long and Triple Jump at all the Kerry meetings and also in Limerick and Cork sports meetings.



Like his late father, John, he has given sterling service to Farranfore Maine Valley Athletics Club and to Kerry County Athletics Board. Jerome has filled various positions at Club level and has been chairperson for the past number of years. He is a regular attendee at all Club level events and still offers his invaluable experience as an athlete and coach to all our juveniles. He has been a regular at the County Juvenile and Senior Championships over the years and fills his position as a High Jump Official with a display of fairness and respect for all competitors. He is a worth recipient of the Patsy O'Connor Award.

Hall of Fame Award



Sean Naughton *Nenagh Olympic A.C.*

Sean Naughton has made an immense and continuous contribution to Irish athletics for more than half a century. Sean has been submerged in the sport since his teenage years. In his prime, he was a national standard sprinter - a 9.8sec man for the 100y on grass – which was the 1956 Olympic qualifying standard – and he competed on a regular basis at National level, but once he hung up his spikes, he threw himself into coaching and administration with an enthusiasm that's still burning brightly. He got his first taste of coaching when he attended courses at Loughborough University in 1953 and 1954 and in 1955 he was one of eight athletes who revived athletics in Nenagh by establishing Nenagh Olympics AC.

It was during the 1970s with Nenagh that Sean's talents as an administrator and coach really began to blossom. He helped start Community Games athletics in Nenagh in 1972, his foresight of splitting the town into three areas, with initial completions held in local sports fields (Rugby, GAA and school grounds) resulted in the involvement of an entire community as each child sought to represent their neighborhood in the town games. The success of that project in turn bore fruit for Nenagh Olympics AC who won the Drifter cup for the best juvenile club at the national championships eight times in the

1970s. It was hurdlers under Sean's guidance, who lead the way for the rest of their club mates.

By the mid 1970's, Sean had begun to coach at a national level, his expertise ensuring national and international success for many athletics under his guidance. He was a member of the National Coaching committee from 1983 through to 2005 and he is a former National hurdles coach. He has been on the National executive of BLOE, BLE and the AAI as well as being on the National records and technical committee. His influence continues on to the next generation; with club athletics of the '70 and '80 now coaching in clubs throughout Ireland.

He has the ability to imbue athletes with the same self-belief and passion that had characterised his own running career, and from 1987 to 2005 he was an ever-present as a coach or manager with Irish teams at Olympic Games, World Indoors, World Outdoors, and European Championships at every level. His first management role came in 1991 with the World Indoor Championships and his final outing as team manager was in 2005 at the European Junior Championships in Kaunas. As head coach his Championships included the World Indoor Championships of 1987, 1989 and 1991, the World Championships in Stuttgart in 1993 and the Sydney Olympic Games. Sean was seen by his charges as very much an 'athlete's man' whose attention to detail helped them perform to the best of their abilities and the proof of this was in the succession of personal bests, national records and medals secured by these elite athletes under his watch.

But sometime his drive and force to obtain what he believed was best for the athlete and the sport has not won him favor with the governing bodies. For example, his affiliation with NACA, prohibited his selection for 1956 Olympics. Despite this disappointment, on hearing of Ronni Delaney gold winning success in that same Olympics, Sean immediately set about organizing a welcome home reception in Nenagh. Ronni to this day accounts the event with admiration as despite Sean's efforts

gaining much disapproval from both local and national governing bodies, Ronni remembers fondly the event as by far the biggest outside of Dublin.

Sean's persistence, his passion for the sport and belief in the benefits of an indoor stadium to Irish athletics, saw him spearhead the construction of an indoor stadium in Nenagh. Developed to international standard in three phases between 1984 and 1990, the Nenagh arena has contributed to the development of Irish Athletics, and made a massive difference to competitive standards at all grades in this country. The Nenagh arena is the only indoor stadium fully owned by a club and remained the sole international stadium, thus the home for indoor Irish Athletics until the completion of the Athlone Stadium in 2013.

On the administrative front, Sean has been elected as a member of the management and executive committees of the national athletics' governing bodies every year since 1989 till his retirement in 2009. As an administrator, coach, manager and mentor, Sean Naughton has devoted his life to Irish athletics with a unique dedication and enthusiasm second to none. Sean has also filled voluntary roles of director and treasurer of the North Tipperary Sports' Partnership for a number of years, and was a member of the committee that erected the three bronze statues to Nenagh's Olympic champions – Hayes, McGrath and Tisdall.

Not surprisingly Sean has been recognised for the many achievements he has made over the years in the sport. The list is extensive and includes the Limerick Sports Award: for involvement in development of sports facilities in the region - only non Limerick recipient – the Irish Runner / Seiko Award, for his contribution to Irish Athletics in 1990, the Nenagh Urban District Council Civic Reception: in recognition of contributions to Athletics in Nenagh, at national and international levels and to Sport and Recreation for the youth over the years in 1992, the Nenagh Person of the Year Award: in recognition of outstanding services in the category of community development in

1994, the Nestle Irish Schools Ideal Merit Award: in recognition of services to Schools Athletics at local, regional and national level in 2004, the Munster A.A.I. Council - Appreciation for long service and dedication to the sport of Athletics in 2008, in 2009 Athletics Ireland Long-time Achievement Award and also the Minister for Sport and tourism Life Time awards in 2014, the Tipperary Athletics Hall of Fame Award and the Nenagh Guardian Sports Awards Hall of Fame. Sixty years of service is truly a unique achievement and reflects a life of dedication to the sport of athletics.

At eighty three years of age Sean remains active in Athletics. He is a committee member of Nenagh Olympic Athletic Club and can be regularly seen in the indoor stadium mentoring, encouraging and coaching young athletics and coaches alike. His lifetime voluntary contribution to sport at a local, national and international level makes him an ideal candidate for the Munster Athletics Hall of Fame Award.

