

Saturday 7th March 2020

at

TEMPLEMORE ATHLETIC TRACK

Co. Tipperary

Under A.A.I. Rules



TIMETABLE OF EVENTS

CHECK IN MORNING SESSION 10.15

AFTERNOON SESSION 13.50

5 Attempts in ALL Competitions

11:00	Men's Shot Putt	Women's Javelin
12:00	Athletic Track 1KM Challenge	
12:20	Women's Shot Putt	Men's Javelin

Lunch at 13:20

14:00	Men's Hammer	14:15	Ladies' 300m
14:50	Ladies' Hammer	15:00	Men's 300m
16:05	Ladies' Discus	17:05	Men's Discus

MEDALS PRESENTED ON WINNER'S ROSTRUM SEVEN MINUTES AFTER END OF EACH EVENT

All events start with Under 14 age group Followed by: Under 16, Under 18 age groups, Junior, Senior & Masters

Entry Fee €5 per event