MUNSTER ATHLETICS

EVENT: Junior Men & U23 Men + Juvenile Girls Pentathlon INDOOR Date: 6th January 2018

CHAMPIONSHIPS

VENUE: Nenagh Olympic Stadium, Nenagh, Co, Tipperary

Time: 10.30am

ORDER OF EVENTS – SATURDAY 6th JANUARY 2018 CENTRE TRACK MAIN TRACK

(Championship & Pentathlon Hurdles				Championship & Pentathlon Events				
Time		Gender	Age Cat	Event	Time		Gender	Age Cat	Event
11:00		Men	U23	60m H 3'6"	13:00		Men	U23	400m
		Men	Junior	60m H 3'3"			Men	Junior	400m
	C.E.	Women	Youth	60m H 2'9"					
	C.E.	Girls	U16	60m H 2'6"	13:30		Men	U23	1500m
	C.E.	Girls	U15				Men	Junior	1500m
	C.E.	Girls	U14	60m H 2'3"					
	C.E.	Girls	U13			C.E.	Girls	U11	200m
	Cham	npionship &	Pentathlon Sp	rints	15:00		Men	Junior	200m
		Men	Junior	60m Heats			Men	U23	200m
		Men	U23	60m Heats					
	C.E.	Girls	U11	60m	15:30		Men	Junior	800m
	C.E.	Girls	U12	60m			Men	U23	800m
		Men	Junior	60m Finals					
		Men	U23	60m Finals					
Championship & Pentathlon High		Jumps	15:45		Men	Junior	4 x 200m		
	C.E.	Women	U16/Youth	High Jump		C.E.	Girls	U11	600m
		Men	Junior/U23	High Jump		C.E.	Girls	U12	600m
	C.E.	Girls	U13	High Jump		C.E.	Girls	U13	800m
	C.E.	Girls	U14	High Jump		C.E.	Girls	U14	800m
	C.E.	Girls	U12	High Jump		C.E.	Girls	U15	800m
	C.E.	Girls	U15	High Jump		C.E.	Girls	U16	800m
						C.E.	Women	Youth	800m

C. E. Final Events as they become available

SHOT PUTT - Check In when event is called LONG JUMP - Check In when event is called

11.00	C.E.	Girls	U11	Shot – 2k	11.00		Men	Junior/U23	Long Jump
11.45	C.E.	Girls	U16 / Youth	Shot – 3k	11.00	C.E.	Girls	U12	Long Jump
12.00	C.E.	Girls	U15	Shot - 2.72k	12:00	C.E.	Girls	U13	Long Jump
13.00	C.E.	Girls	U12	Shot – 2k	12:00	C.E.	Girls	U14	Long Jump
14:00	C.E.	Girls	U13	Shot – 2k	13:00	C.E.	Girls	U15	Long Jump
15:00	C.E.	Girls	U14	Shot – 2k	13:00	C.E.	Girls	U11	Long Jump
15.00	C.E.	Men	Junior	Shot – 6k	14:00	C.E.	Girls	U16 / Youth	Long Jump
		Men	U23	Shot - 7.26k					
		Men	Junior	Weight – 28 lbs					

Munster AAI reserves the right to change the programme on the day to facilitate the smooth running of the Pentathlon. Jnr & U23 events may be brought forward by 30mins.

Weight - 35

Men

U23

MUNSTER ATHLETICS

EVENT: Junior & U23 + Juvenile Pentathlon INDOOR Date: 7th January 2018

CHAMPIONSHIPS

VENUE: Nenagh Olympic Stadium, Nenagh, Co, Tipperary Time: 10:30am

ORDER OF EVENTS – SUNDAY 7th JANUARY 2018 CENTRE TRACK MAIN TRACK

CLITTIC TRACK						PIAIN TRACK				
Championship & Combined Event Hurdles						Championship & Combined Events				
Time		Gender	Age Cat	Event	Time		Gender	Age Cat	Event	
11:00	C.E.	Men	Youth	60m	11:00		All	Jnr/U23/Snr/Masters	Walks	
		Women	U23	60m H 2'9"						
		Women	Junior	60m H 2'9"	13:00		Women	Junior	400m	
	C.E.	Boys	U16	60m H 2'9"			Women	U23	400m	
	C.E.	Boys	U15							
	C.E.	Boys	U14	60m H 2'6"	13:30		Women	U23	1500m	
	C.E.	Boys	U13				Women	Junior	1500m	
						C.E.	Boys	U11	200m	
Cha	mpion	ship & Co	mbined Event	Sprints						
		Women	U23	60m Final	15:00		Women	Junior	200m	
		Women	Junior	60m Heats			Women	U23	200m	
	C.E.	Boys	U11	60m						
	C.E.	Boys	U12	60m	15:30		Women	Junior	800m	
		Women	Junior	60m Final			Women	U23	800m	
					15:45		Women	Junior	4 x 200m	
Cham	pionsh	ip & Comb	oined Event Hi	gh Jumps						
						C.E.	Boys	U11	600m	
	C.E.	Men	Youth / U16	High Jump		C.E.	Boys	U12	600m	
		Women	Junior/U23	High Jump		C.E.	Boys	U13	800m	
	C.E.	Boys	U13	High Jump		C.E.	Boys	U14	800m	
	C.E.	Boys	U14	High Jump		C.E.	Boys	U15	800m	
	C.E.	Boys	U12	High Jump		C.E.	Boys	U16	800m	
	C.E.	Boys	U15	High Jump		C.E.	Boys	Youth	800m	

POLE VAULT Jnr & U23 Men & Women 1pm

C. E. Final Events as they become available

SHOT PUTT – Check In when event is called				LONG JUMP – Check In when event is called					
11.00	C.E.	Boys	U11	Shot – 2k	11.00		Women	Junior/U23	Long Jump
11.45	C.E.	Boys	U16	Shot – 4k	11.00	C.E.	Boys	U12	Long Jump
12.00	C.E.	Boys	Youths	Shot – 5k	12:00	C.E.	Boys	U13	Long Jump
12.15	C.E.	Boys	U15	Shot – 3k	12:00	C.E.	Boys	U14	Long Jump
14:00	C.E.	Boys	U12	Shot – 2k	13:00	C.E.	Boys	U15	Long Jump
14:30	C.E.	Boys	U13	Shot – 2k	13:00	C.E.	Boys	U11	Long Jump
15.00	C.E.	Boys	U14	Shot - 2.72k	14:00	C.E.	Boys	Youth / U16	Long Jump
		Women	Junior/U23	Shot - 4k					

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