

Munster Senior & Masters T&F Championships on Saturday 31st July 2021 in Templemore Track



Final Timetable

	Munster Athletics						Munster Athletics	
	Final Timetable					FIELD EVENTS		
		Gender	Category				Gender	Category
10.00am	100m H (2'9")	Women	Snr & O35	Times	9.30am	Hammer (7.26kg)	Men	Senior, O35 – O45
10.00am	, ,				J.30aiii	, 5,	Men	,
	80m H (2'6")	Women	O40, O45	Times		Hammer (5k, 4k & 3k)		O60 to O85
						Hammer (6k)	Men	O50 & O55
10.20am	1500m	Women	Senior & Masters	Times		Hammer (4k, 3k, 2k)	Women	Snr, O35 – O75
	1500m	Men	Senior	Times				
	1500m	Men	Masters Race 1	Times	10.00am	High Jump	Women	Snr, O35 - O75
	1500m	Men	Masters Race 2	Times		High Jump	Men	O50 & O55
						High Jump	Men	045
11.00am	100m Sprint	Men	Senior	Heats (2)		High Jump	Men	O60 to O85
11.000	100m Sprint	Women	Senior	Final		High Jump	Men	Snr, O35 - O45
						nignaunp	IVICII	3111, 033 - 043
	100m Sprint	Women	Masters	Times				
	100m Sprint	Men	Masters Race 1	Times	11.30am	Pole Vault	Women	Senior
	100m Sprint	Men	Masters Race 2	Times		Pole Vault	Men	Senior
12.15pm	100m Sprint	Men	Senior	Final	11.30am	Discus (2k) & (1.75k)	Men	Snr, O35 - O45
						Discus (1k)	Women	Snr, O35 – O75
12.30pm	400m	Women	Senior	Times		Discus (1k)	Men	O50 & O55
	400m	Women	Masters	Times		Discus (1k)	Men	O60 to O85
	400m	Men	Senior	Times				
	400m	Men	Masters Race 1	Times	1.30pm	Javelin (600gr, 500gr, 400gr)	Women	Snr, O35 – O75
	400m	Men	Masters Race 2	Times		Javelin (700gr)	Men	050 & 055
	400m	Men	Masters Race 3	Times		Javelin (600gr, 500gr, 400gr)	Men	O60 to O85
	400111	IVICII	iviasters nace 3	illies				
				4-1		Javelin (800gr)	Men	Snr, O35 - O45
1.30pm	200m	Men	Senior	Heats (3)				
	200m	Women	Senior	Final	2.00pm	Long Jump	Men	Snr, 035, 0/40
	200m	Women	Masters	Times		Long Jump	Men	O60 to O85
	200m	Men	Masters Race 1	Times		Long Jump	Men	045
	200m	Men	Masters Race 2			Long Jump	Men	O50 & O55
						Long Jump	Women	Snr, O35 - O75
2.15pm	5000m	Women	Senior	Times		5 .		
	5000m	Men	Senior	Times				
2.45pm	3000m	Women	Masters & 0/60+ Men	Times				
2.43pm	3000m		Masters	Times				
	3000111	Men	Masters	iiiies		01 (01)		
					2.30pm	Shot (6kg)	Men	O50 & O55
3.15pm	800m	Women	Senior & Masters	Times		Shot (5k, 4k & 3k)	Men	O65 to O85
	800m	Men	Senior	Times		Shot (4k, 3k, 2k)	Women	Snr, O35 -O75
	800m	Men	Masters Race 1	Times		Shot (7.26k)	Men	Senior, O35 - O45
	800m	Men	Masters Race 2	Times				
		Men	Masters Race 3	Times	3.30pm	Weight (35lbs)	Men	O50 to O85
		-				Weight (56lbs)	Men	Senior, O35 to O45
4.00pm	200m	Men	Senior	Final		Weight (28lb)	Women	Snr, O35 - O45
4.00pm	200111	IVICII	SCHO	1 11/01		Weight (2010)	**OIIIEII	5111, 033 - 043
					3.30pm	Triple Jump	Men	Senior
						Triple Jump	Women	Senior

Two events per athlete Athletes must bring their own implements