

MUNSTER TEAMS

(Female) Under 12	Under 12	Region 2000m	Female	North Cork A.C.	Emma	Flynn
(Female) Under 12	Under 12	Region 2000m	Female	Dooneen A.C.	Ellen	Goggin
(Female) Under 12	Under 12	Region 2000m	Female	Ennis Track A.C.	Katie	Troy
(Female) Under 12	Under 12	Region 2000m	Female	West Waterford A.C.	Isabelle	Gaffney
(Female) Under 12	Under 12	Region 2000m	Female	Fergus A.C.	Nicole	Griffin
(Female) Under 12	Under 12	Region 2000m	Female	Ennis Track A.C.	Aisling	Kelly
(Female) Under 12	Under 12	Region 2000m	Female	Leevale A.C.	Anna	Vaughan Reddan
(Female) Under 12	Under 12	Region 2000m	Female	North Cork A.C.	Michaela	Flynn
(Female) Under 12	Under 12	Region 2000m	Female	Grange/Fermoy A.C.	Emilie	Mc Elvaney
(Female) Under 12	Under 12	Region 2000m	Female	Fergus A.C.	Anna	Donnelly
(Female) Under 12	Under 12	Region 2000m	Female	Fergus A.C.	Caoimhe	Mc Mahon
(Female) Under 12	Under 12	Region 2000m	Female	Dualla Ballytarsna Boherlahan A.C.	Aoife	O'Donnell
(Male) Under 12	Under 12	Region 2000m	Male	St. Cronans A.C.	Oran	Duignan
(Male) Under 12	Under 12	Region 2000m	Male	St. Catherine's A.C.	Conor	Ronayne
(Male) Under 12	Under 12	Region 2000m	Male	Blarney/Inniscara A.C.	Eoghan	Looney
(Male) Under 12	Under 12	Region 2000m	Male	Dundrum A.C.	Albert	Maher
(Male) Under 12	Under 12	Region 2000m	Male	Doheny A.C.	Sammy	O'Mahony
(Male) Under 12	Under 12	Region 2000m	Male	St. Cronans A.C.	Daithi	Ryan
(Male) Under 12	Under 12	Region 2000m	Male	St. Catherine's A.C.	Kenneth	O'Connell
(Male) Under 12	Under 12	Region 2000m	Male	Farranfore Maine Valley A.C.	Ryan	Vickers
(Male) Under 12	Under 12	Region 2000m	Male	North Cork A.C.	Stephen	Mchugh
(Male) Under 12	Under 12	Region 2000m	Male	St. Cronans A.C.	Cathal	Ryan
(Male) Under 12	Under 12	Region 2000m	Male	Clonmel A.C.	Rory	Hennessy
(Male) Under 12	Under 12	Region 2000m	Male	Newport A.C.	Darragh	Healy
(Female) Under 14 Munster	Under 14	Region 3000m	Female	Ennis Track A.C.	Faye	Mannion
(Female) Under 14 Munster	Under 14	Region 3000m	Female	West Waterford A.C.	Sarah	Gaffney
(Female) Under 14 Munster	Under 14	Region 3000m	Female	Ennis Track A.C.	Sophie	Maher
(Female) Under 14 Munster	Under 14	Region 3000m	Female	Fergus A.C.	Emma	Haugh
(Female) Under 14 Munster	Under 14	Region 3000m	Female	Midleton A.C.	Alicia	Moono - Hegarty
(Female) Under 14 Munster	Under 14	Region 3000m	Female	West Waterford A.C.	Fia	De Paor
(Female) Under 14 Munster	Under 14	Region 3000m	Female	Grange/Fermoy A.C.	Rachel	O'Flynn
(Female) Under 14 Munster	Under 14	Region 3000m	Female	West Waterford A.C.	Aoife	O'Donovan
(Female) Under 14 Munster	Under 14	Region 3000m	Female	St. John's A.C.	Sinead	Robertson
(Female) Under 14 Munster	Under 14	Region 3000m	Female	Youghal A.C.	Vivien	Millerick
(Female) Under 14 Munster	Under 14	Region 3000m	Female	Ennis Track A.C.	Aoife	Keane
(Female) Under 14 Munster	Under 14	Region 3000m	Female	Midleton A.C.	Elle - Kate	Mc Rae
(Male) Under 14	Under 14	Region 3000m	Male	St. Cronans A.C.	Finn	Duignan
(Male) Under 14	Under 14	Region 3000m	Male	Kenmare A.C.	Seamus	O'Donoghue
(Male) Under 14	Under 14	Region 3000m	Male	North Cork A.C.	Tomas	Kiely
(Male) Under 14	Under 14	Region 3000m	Male	Togher A.C.	Ben	O'Reilly Murphy
(Male) Under 14	Under 14	Region 3000m	Male	St. Cronans A.C.	Daithi	O'Leary
(Male) Under 14	Under 14	Region 3000m	Male	Carraig-Na-Bhfear A.C.	Cian	Ryan
(Male) Under 14	Under 14	Region 3000m	Male	Ennis Track A.C.	Jack	Dilleen
(Male) Under 14	Under 14	Region 3000m	Male	North Cork A.C.	Iain	Buckley
(Male) Under 14	Under 14	Region 3000m	Male	Belgooly A.C.	Darragh	O'Connor
(Male) Under 14	Under 14	Region 3000m	Male	Ennis Track A.C.	Aodan	O'Lachtain
(Male) Under 14	Under 14	Region 3000m	Male	St. John's A.C.	Jacob	Greene
(Male) Under 14	Under 14	Region 3000m	Male	St. Marys (Clare) A.C.	Eoin	Soffe
(Female) Under 16	Under 16	Region 4000m	Female	Leevale A.C.	Claire	Crowley
(Female) Under 16	Under 16	Region 4000m	Female	Skibbereen A.C.	Caoimhe	Flannery
(Female) Under 16	Under 16	Region 4000m	Female	Leevale A.C.	Hannah	Arrigan
(Female) Under 16	Under 16	Region 4000m	Female	Leevale A.C.	Nicole	Dinan
(Female) Under 16	Under 16	Region 4000m	Female	Ennis Track A.C.	Lucy	Shannon
(Female) Under 16	Under 16	Region 4000m	Female	Ennis Track A.C.	Grace	Rynne
(Female) Under 16	Under 16	Region 4000m	Female	Ennis Track A.C.	Tara	Carey
(Female) Under 16	Under 16	Region 4000m	Female	Ennis Track A.C.	Lucy	Power
(Female) Under 16	Under 16	Region 4000m	Female	Carraig-Na-Bhfear A.C.	Aine	Sheridan
(Female) Under 16	Under 16	Region 4000m	Female	Midleton A.C.	Katie	Hennessy
(Female) Under 16	Under 16	Region 4000m	Female	Finisk Valley A.C.	Eimear	Griffin
(Female) Under 16	Under 16	Region 4000m	Female	Lios Tuathail A.C.	Noelle	Dillon
(Male) Under 16	Under 16	Region 4000m	Male	Belgooly A.C.	Eoghan	O'Connor
(Male) Under 16	Under 16	Region 4000m	Male	Ennis Track A.C.	Peter	Farrell

(Male) Under 16	Under 16	Region 4000m	Male	Nenagh Olympic A.C.	Diarmuid	Moloney
(Male) Under 16	Under 16	Region 4000m	Male	Nenagh Olympic A.C.	Ben	Walshe
(Male) Under 16	Under 16	Region 4000m	Male	Kenmare A.C.	Kieran	O'Donoghue
(Male) Under 16	Under 16	Region 4000m	Male	Riverstick/Kinsale A.C.	Ryan	Mccarthy
(Male) Under 16	Under 16	Region 4000m	Male	Carraig-Na-Bhfear A.C.	Aidan	Maher
(Male) Under 16	Under 16	Region 4000m	Male	St. Catherine's A.C.	Conor	Hayes
(Male) Under 16	Under 16	Region 4000m	Male	West Waterford A.C.	David	Gaffney
(Male) Under 16	Under 16	Region 4000m	Male	West Clare Sports and Fitness Club	Aodán	Mac Consaíin
(Male) Under 16	Under 16	Region 4000m	Male	West Waterford A.C.	Cal	Tutty
(Male) Under 16	Under 16	Region 4000m	Male	Nenagh Olympic A.C.	Thomas	Bergin
Female Under 18	Under 18	Region 4000m	Female	Clonmel A.C.	Muireann	Duffy
Female Under 18	Under 18	Region 4000m	Female	Youghal A.C.	Avril	Millerick
Female Under 18	Under 18	Region 4000m	Female	Ennis Track A.C.	Neasa	Niainifein
Female Under 18	Under 18	Region 4000m	Female	Youghal A.C.	Emma	Landers
Female Under 18	Under 18	Region 4000m	Female	Youghal A.C.	Avril	Cashman
Female Under 18	Under 18	Region 4000m	Female	Dundrum A.C.	Kate	Ferncombe
Female Under 18	Under 18	Region 4000m	Female	Youghal A.C.	Alex	Cashman
Female Under 18	Under 18	Region 4000m	Female	Carraig-Na-Bhfear A.C.	Rebecca	Kelleher
Female Under 18	Under 18	Region 4000m	Female	Ennis Track A.C.	Aimee	Barrett
Female Under 18	Under 18	Region 4000m	Female	Dooneen A.C.	Sarah	Hosey
Female Under 18	Under 18	Region 4000m	Female	Ennis Track A.C.	Michelle	Healy
Female Under 18	Under 18	Region 4000m	Female	Leevale A.C.	Lydia	Walshe
(Male) Under 18	Under 18	Region 6000m	Male	Ennis Track A.C.	Niall	Murphy
(Male) Under 18	Under 18	Region 6000m	Male	Waterford A.C.	Harry	Colbert
(Male) Under 18	Under 18	Region 6000m	Male	Nenagh Olympic A.C.	Luke	Purcell
(Male) Under 18	Under 18	Region 6000m	Male	Carraig-Na-Bhfear A.C.	Eoin	Quirke
(Male) Under 18	Under 18	Region 6000m	Male	Waterford A.C.	Aidan	Burke
(Male) Under 18	Under 18	Region 6000m	Male	Durrus A.C.	Sean	Lawton
(Male) Under 18	Under 18	Region 6000m	Male	Nenagh Olympic A.C.	Cian	Hodgins
(Male) Under 18	Under 18	Region 6000m	Male	Fergus A.C.	Barry	Conway
(Male) Under 18	Under 18	Region 6000m	Male	Leevale A.C.	Daniel	Buckley
(Male) Under 18	Under 18	Region 6000m	Male	Youghal A.C.	Liam	O'Connor
(Male) Under 18	Under 18	Region 6000m	Male	Durrus A.C.	Fionn	Harrington
(Male) Under 18	Under 18	Region 6000m	Male	Liscarroll A.C.	Robert	Troy

CLUB TEAMS

Ennis Track A.C. (Female) Under 12	Under 12	Club 2000m	Female	Ennis Track A.C.	Katie	Troy
Ennis Track A.C. (Female) Under 12	Under 12	Club 2000m	Female	Ennis Track A.C.	Aisling	Kelly
Ennis Track A.C. (Female) Under 12	Under 12	Club 2000m	Female	Ennis Track A.C.	Courtney	Flynn
Ennis Track A.C. (Female) Under 12	Under 12	Club 2000m	Female	Ennis Track A.C.	Willow	Brace
Ennis Track A.C. (Female) Under 12	Under 12	Club 2000m	Female	Ennis Track A.C.	Saoirse	Flynn
Ennis Track A.C. (Female) Under 12	Under 12	Club 2000m	Female	Ennis Track A.C.	Caoimhe	Mcnamara
Fergus A.C. (Female) Under 12	Under 12	Club 2000m	Female	Fergus A.C.	Leah	Griffin
Fergus A.C. (Female) Under 12	Under 12	Club 2000m	Female	Fergus A.C.	Nicole	Griffin
Fergus A.C. (Female) Under 12	Under 12	Club 2000m	Female	Fergus A.C.	Anna	Donnelly
Fergus A.C. (Female) Under 12	Under 12	Club 2000m	Female	Fergus A.C.	Aoibhinn	Keane
Fergus A.C. (Female) Under 12	Under 12	Club 2000m	Female	Fergus A.C.	Emily	Hick
Fergus A.C. (Female) Under 12	Under 12	Club 2000m	Female	Fergus A.C.	Caoimhe	Mc Mahon
North Cork A.C. (Female) Under 12	Under 12	Club 2000m	Female	North Cork A.C.	Emma	Flynn
North Cork A.C. (Female) Under 12	Under 12	Club 2000m	Female	North Cork A.C.	Michaela	Flynn
North Cork A.C. (Female) Under 12	Under 12	Club 2000m	Female	North Cork A.C.	Hannah	O Connell
North Cork A.C. (Female) Under 12	Under 12	Club 2000m	Female	North Cork A.C.	Grace	O Callaghan
North Cork A.C. (Female) Under 12	Under 12	Club 2000m	Female	North Cork A.C.	Ciara	Kiely
North Cork A.C. (Female) Under 12	Under 12	Club 2000m	Female	North Cork A.C.	Amy	Cotter
West Waterford A.C. (Female) Under 12	Under 12	Club 2000m	Female	West Waterford A.C.	Isabelle	Gaffney
West Waterford A.C. (Female) Under 12	Under 12	Club 2000m	Female	West Waterford A.C.	Ava	Kiely
West Waterford A.C. (Female) Under 12	Under 12	Club 2000m	Female	West Waterford A.C.	Rosie	Berryman
West Waterford A.C. (Female) Under 12	Under 12	Club 2000m	Female	West Waterford A.C.	Nicole	Cullinane
West Waterford A.C. (Female) Under 12	Under 12	Club 2000m	Female	West Waterford A.C.	Luisne	De Paor
West Waterford A.C. (Female) Under 12	Under 12	Club 2000m	Female	West Waterford A.C.	Ciara	Flavin
Newport A.C. (Male) Under 12	Under 12	Club 2000m	Male	Newport A.C.	Kyran	Foley
Newport A.C. (Male) Under 12	Under 12	Club 2000m	Male	Newport A.C.	Donagh	Horgan
Newport A.C. (Male) Under 12	Under 12	Club 2000m	Male	Newport A.C.	Darragh	Healy
Newport A.C. (Male) Under 12	Under 12	Club 2000m	Male	Newport A.C.	Sean	O Bioragra
Newport A.C. (Male) Under 12	Under 12	Club 2000m	Male	Newport A.C.	Luke	Ryan
St. Cronans A.C. (Male) Under 12	Under 12	Club 2000m	Male	St. Cronans A.C.	Oran	Duignan
St. Cronans A.C. (Male) Under 12	Under 12	Club 2000m	Male	St. Cronans A.C.	Daithi	Ryan
St. Cronans A.C. (Male) Under 12	Under 12	Club 2000m	Male	St. Cronans A.C.	Cathal	Ryan
St. Cronans A.C. (Male) Under 12	Under 12	Club 2000m	Male	St. Cronans A.C.	Dylan	Price
St. Cronans A.C. (Male) Under 12	Under 12	Club 2000m	Male	St. Cronans A.C.	Max	Garvey
St. Cronans A.C. (Male) Under 12	Under 12	Club 2000m	Male	St. Cronans A.C.	Jonah	Quinn
Tramore A.C. (Male) Under 12	Under 12	Club 2000m	Male	Tramore A.C.	Daniel	Power
Tramore A.C. (Male) Under 12	Under 12	Club 2000m	Male	Tramore A.C.	Tj	Flanagan
Tramore A.C. (Male) Under 12	Under 12	Club 2000m	Male	Tramore A.C.	Conor	Keane
Tramore A.C. (Male) Under 12	Under 12	Club 2000m	Male	Tramore A.C.	Rian	O Connor
Tramore A.C. (Male) Under 12	Under 12	Club 2000m	Male	Tramore A.C.	Mícheál	Ó Cuilleánáin
Ennis Track A.C. (Female) Under 14	Under 14	Club 3000m	Female	Ennis Track A.C.	Faye	Mannion
Ennis Track A.C. (Female) Under 14	Under 14	Club 3000m	Female	Ennis Track A.C.	Sophie	Maher
Ennis Track A.C. (Female) Under 14	Under 14	Club 3000m	Female	Ennis Track A.C.	Aoife	Keane
Ennis Track A.C. (Female) Under 14	Under 14	Club 3000m	Female	Ennis Track A.C.	Emily	Singleton
Ennis Track A.C. (Female) Under 14	Under 14	Club 3000m	Female	Ennis Track A.C.	Mina	Gomes
Ennis Track A.C. (Female) Under 14	Under 14	Club 3000m	Female	Ennis Track A.C.	Siobhan	Healy
Midleton A.C. (Female) Under 14	Under 14	Club 3000m	Female	Midleton A.C.	Alicia	Moono - Hegarty
Midleton A.C. (Female) Under 14	Under 14	Club 3000m	Female	Midleton A.C.	Ava	Coughlan
Midleton A.C. (Female) Under 14	Under 14	Club 3000m	Female	Midleton A.C.	Elle - Kate	Mc Rae
Midleton A.C. (Female) Under 14	Under 14	Club 3000m	Female	Midleton A.C.	Miah	Holland
Midleton A.C. (Female) Under 14	Under 14	Club 3000m	Female	Midleton A.C.	Rachel	Roche
Midleton A.C. (Female) Under 14	Under 14	Club 3000m	Female	Midleton A.C.	Robyn	Ryan
North Cork A.C. (Female) Under 14	Under 14	Club 3000m	Female	North Cork A.C.	Kate	Healy
North Cork A.C. (Female) Under 14	Under 14	Club 3000m	Female	North Cork A.C.	Caoilainn	Ryan
North Cork A.C. (Female) Under 14	Under 14	Club 3000m	Female	North Cork A.C.	Anna	Lukey-O Sullivan
North Cork A.C. (Female) Under 14	Under 14	Club 3000m	Female	North Cork A.C.	Muireann	Bradley
North Cork A.C. (Female) Under 14	Under 14	Club 3000m	Female	North Cork A.C.	Ava	Shorten
North Cork A.C. (Female) Under 14	Under 14	Club 3000m	Female	North Cork A.C.	Eimile	Browne
West Waterford A.C. (Female) Under 14	Under 14	Club 3000m	Female	West Waterford A.C.	Sarah	Gaffney
West Waterford A.C. (Female) Under 14	Under 14	Club 3000m	Female	West Waterford A.C.	Fia	De Paor
West Waterford A.C. (Female) Under 14	Under 14	Club 3000m	Female	West Waterford A.C.	Aoife	O Donovan

West Waterford A.C. (Female) Under 14	Under 14	Club 3000m	Female	West Waterford A.C.	Kyla	Flavin
West Waterford A.C. (Female) Under 14	Under 14	Club 3000m	Female	West Waterford A.C.	Lauren	Cliffe
West Waterford A.C. (Female) Under 14	Under 14	Club 3000m	Female	West Waterford A.C.	Ami	Flavin
Ennis Track A.C. (Male) Under 14	Under 14	Club 3000m	Male	Ennis Track A.C.	Jack	Dilleen
Ennis Track A.C. (Male) Under 14	Under 14	Club 3000m	Male	Ennis Track A.C.	Aodan	O'Lachtnain
Ennis Track A.C. (Male) Under 14	Under 14	Club 3000m	Male	Ennis Track A.C.	Ryan	Kelly
Ennis Track A.C. (Male) Under 14	Under 14	Club 3000m	Male	Ennis Track A.C.	Odhran	Perill
Ennis Track A.C. (Male) Under 14	Under 14	Club 3000m	Male	Ennis Track A.C.	Kevin	Noonan
Ennis Track A.C. (Male) Under 14	Under 14	Club 3000m	Male	Ennis Track A.C.	Adam	Doyle
Grange/Fermoy A.C. (Male) Under 14	Under 14	Club 3000m	Male	Grange/Fermoy A.C.	Finn	O Driscoll
Grange/Fermoy A.C. (Male) Under 14	Under 14	Club 3000m	Male	Grange/Fermoy A.C.	Micheal	Walsh
Grange/Fermoy A.C. (Male) Under 14	Under 14	Club 3000m	Male	Grange/Fermoy A.C.	Tadhg	O Mara
Grange/Fermoy A.C. (Male) Under 14	Under 14	Club 3000m	Male	Grange/Fermoy A.C.	Michael	Leamy
Grange/Fermoy A.C. (Male) Under 14	Under 14	Club 3000m	Male	Grange/Fermoy A.C.	Fionn	Hayes
Grange/Fermoy A.C. (Male) Under 14	Under 14	Club 3000m	Male	Grange/Fermoy A.C.	Donnacha	Geary
North Cork A.C. (Male) Under 14	Under 14	Club 3000m	Male	North Cork A.C.	Tomas	Kiely
North Cork A.C. (Male) Under 14	Under 14	Club 3000m	Male	North Cork A.C.	Iain	Buckley
North Cork A.C. (Male) Under 14	Under 14	Club 3000m	Male	North Cork A.C.	Sean	O Callaghan
North Cork A.C. (Male) Under 14	Under 14	Club 3000m	Male	North Cork A.C.	Mel	Twomey
North Cork A.C. (Male) Under 14	Under 14	Club 3000m	Male	North Cork A.C.	Oisin	O Brien
North Cork A.C. (Male) Under 14	Under 14	Club 3000m	Male	North Cork A.C.	Diarmuid	O Riordan
St. Cronans A.C. (Male) Under 14	Under 14	Club 3000m	Male	St. Cronans A.C.	Finn	Duignan
St. Cronans A.C. (Male) Under 14	Under 14	Club 3000m	Male	St. Cronans A.C.	Daithi	O Leary
St. Cronans A.C. (Male) Under 14	Under 14	Club 3000m	Male	St. Cronans A.C.	Tadhg	Hassett
St. Cronans A.C. (Male) Under 14	Under 14	Club 3000m	Male	St. Cronans A.C.	Conor	Price
St. Cronans A.C. (Male) Under 14	Under 14	Club 3000m	Male	St. Cronans A.C.	Seamus	Mcguire
St. Cronans A.C. (Male) Under 14	Under 14	Club 3000m	Male	St. Cronans A.C.	Colm	Daly
Carraig-Na-Bhfear A.C. (Female) Under 16	Under 16	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Daly	Sheridan
Carraig-Na-Bhfear A.C. (Female) Under 16	Under 16	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Leah	Dunne
Carraig-Na-Bhfear A.C. (Female) Under 16	Under 16	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Sarah	O Donoghue
Carraig-Na-Bhfear A.C. (Female) Under 16	Under 16	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Laura	Prendergast
Carraig-Na-Bhfear A.C. (Female) Under 16	Under 16	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Lucy	O Connell
Carraig-Na-Bhfear A.C. (Female) Under 16	Under 16	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Sarah	Murphy
Ennis Track A.C. (Female) Under 16	Under 16	Club 4000m	Female	Ennis Track A.C.	Lucy	Shannon
Ennis Track A.C. (Female) Under 16	Under 16	Club 4000m	Female	Ennis Track A.C.	Grace	Rynne
Ennis Track A.C. (Female) Under 16	Under 16	Club 4000m	Female	Ennis Track A.C.	Tara	Carey
Ennis Track A.C. (Female) Under 16	Under 16	Club 4000m	Female	Ennis Track A.C.	Lucy	Power
Ennis Track A.C. (Female) Under 16	Under 16	Club 4000m	Female	Ennis Track A.C.	Hayley	Barrett
Ennis Track A.C. (Female) Under 16	Under 16	Club 4000m	Female	Ennis Track A.C.	Nicole	Keane
Leevale A.C. (Female) Under 16	Under 16	Club 4000m	Female	Leevale A.C.	Claire	Crowley
Leevale A.C. (Female) Under 16	Under 16	Club 4000m	Female	Leevale A.C.	Hannah	Arrigan
Leevale A.C. (Female) Under 16	Under 16	Club 4000m	Female	Leevale A.C.	Nicole	Dinan
Leevale A.C. (Female) Under 16	Under 16	Club 4000m	Female	Leevale A.C.	Ellie	Vaughan Reddan
Leevale A.C. (Female) Under 16	Under 16	Club 4000m	Female	Leevale A.C.	Tiggy	Hanafin
Midleton A.C. (Female) Under 16	Under 16	Club 4000m	Female	Midleton A.C.	Elsa	Ryan
Midleton A.C. (Female) Under 16	Under 16	Club 4000m	Female	Midleton A.C.	Emma	Bell
Midleton A.C. (Female) Under 16	Under 16	Club 4000m	Female	Midleton A.C.	Erica	O Keeffe
Midleton A.C. (Female) Under 16	Under 16	Club 4000m	Female	Midleton A.C.	Isabelle	Nestor
Midleton A.C. (Female) Under 16	Under 16	Club 4000m	Female	Midleton A.C.	Katie	Hennessy
Midleton A.C. (Female) Under 16	Under 16	Club 4000m	Female	Midleton A.C.	Abbie	Ahern
Carraig-Na-Bhfear A.C. (Male) Under 16	Under 16	Club 4000m	Male	Carraig-Na-Bhfear A.C.	Aidan	Maher
Carraig-Na-Bhfear A.C. (Male) Under 16	Under 16	Club 4000m	Male	Carraig-Na-Bhfear A.C.	Bobby	O'Riordan
Carraig-Na-Bhfear A.C. (Male) Under 16	Under 16	Club 4000m	Male	Carraig-Na-Bhfear A.C.	Cathal	Whooley
Carraig-Na-Bhfear A.C. (Male) Under 16	Under 16	Club 4000m	Male	Carraig-Na-Bhfear A.C.	Timmy	Colbert
Carraig-Na-Bhfear A.C. (Male) Under 16	Under 16	Club 4000m	Male	Carraig-Na-Bhfear A.C.	Peter	Hawkins
Carraig-Na-Bhfear A.C. (Male) Under 16	Under 16	Club 4000m	Male	Carraig-Na-Bhfear A.C.	Luke	Mullins
Ennis Track A.C. (Male) Under 16	Under 16	Club 4000m	Male	Ennis Track A.C.	Peter	Farrell
Ennis Track A.C. (Male) Under 16	Under 16	Club 4000m	Male	Ennis Track A.C.	Ben	O'Halloran
Ennis Track A.C. (Male) Under 16	Under 16	Club 4000m	Male	Ennis Track A.C.	Simon	Farrell
Ennis Track A.C. (Male) Under 16	Under 16	Club 4000m	Male	Ennis Track A.C.	Sean	O'Loughlin
Ennis Track A.C. (Male) Under 16	Under 16	Club 4000m	Male	Ennis Track A.C.	Cillian	Hayes
Ennis Track A.C. (Male) Under 16	Under 16	Club 4000m	Male	Ennis Track A.C.	Iarlaith	Mcelroy

St. Catherine's A.C. (Male) Under 16	Under 16	Club 4000m	Male	St. Catherine's A.C.	Conor	Hayes
St. Catherine's A.C. (Male) Under 16	Under 16	Club 4000m	Male	St. Catherine's A.C.	Senan	O Reilly
St. Catherine's A.C. (Male) Under 16	Under 16	Club 4000m	Male	St. Catherine's A.C.	Cian	Dunning
St. Catherine's A.C. (Male) Under 16	Under 16	Club 4000m	Male	St. Catherine's A.C.	Charlie	Nicholson
West Waterford A.C. (Male) Under 16	Under 16	Club 4000m	Male	West Waterford A.C.	David	Gaffney
West Waterford A.C. (Male) Under 16	Under 16	Club 4000m	Male	West Waterford A.C.	Cal	Tutty
West Waterford A.C. (Male) Under 16	Under 16	Club 4000m	Male	West Waterford A.C.	Naoise	Miamurchadha
West Waterford A.C. (Male) Under 16	Under 16	Club 4000m	Male	West Waterford A.C.	Ben	Qualter
Carraig-Na-Bhfear A.C. (Female) Under 18	Under 18	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Rebecca	Kelleher
Carraig-Na-Bhfear A.C. (Female) Under 18	Under 18	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Mary	Dorgan
Carraig-Na-Bhfear A.C. (Female) Under 18	Under 18	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Cliona	Lynch
Carraig-Na-Bhfear A.C. (Female) Under 18	Under 18	Club 4000m	Female	Carraig-Na-Bhfear A.C.	Carol	Halpin Hurley
Ennis Track A.C. (Female) Under 18	Under 18	Club 4000m	Female	Ennis Track A.C.	Neasa	Niainifein
Ennis Track A.C. (Female) Under 18	Under 18	Club 4000m	Female	Ennis Track A.C.	Aimee	Barrett
Ennis Track A.C. (Female) Under 18	Under 18	Club 4000m	Female	Ennis Track A.C.	Michelle	Healy
Ennis Track A.C. (Female) Under 18	Under 18	Club 4000m	Female	Ennis Track A.C.	Ellen	Mannion
Ennis Track A.C. (Female) Under 18	Under 18	Club 4000m	Female	Ennis Track A.C.	Avril	Lillis
Ennis Track A.C. (Female) Under 18	Under 18	Club 4000m	Female	Ennis Track A.C.	Mary Ann	Murray
Leevale A.C. (Female) Under 18	Under 18	Club 4000m	Female	Leevale A.C.	Lydia	Walshe
Leevale A.C. (Female) Under 18	Under 18	Club 4000m	Female	Leevale A.C.	Clodagh	Kelleher
Leevale A.C. (Female) Under 18	Under 18	Club 4000m	Female	Leevale A.C.	Sorcha	Daly
Leevale A.C. (Female) Under 18	Under 18	Club 4000m	Female	Leevale A.C.	Neasa	Wall
Youghal A.C. (Female) Under 18	Under 18	Club 4000m	Female	Youghal A.C.	Avril	Millerick
Youghal A.C. (Female) Under 18	Under 18	Club 4000m	Female	Youghal A.C.	Avril	Cashman
Youghal A.C. (Female) Under 18	Under 18	Club 4000m	Female	Youghal A.C.	Emma	Landers
Youghal A.C. (Female) Under 18	Under 18	Club 4000m	Female	Youghal A.C.	Alex	Cashman
Youghal A.C. (Female) Under 18	Under 18	Club 4000m	Female	Youghal A.C.	Robyn	Buckley
Carraig-Na-Bhfear A.C. (Male) Under 18	Under 18	Club 6000m	Male	Carraig-Na-Bhfear A.C.	Eoin	Quirke
Carraig-Na-Bhfear A.C. (Male) Under 18	Under 18	Club 6000m	Male	Carraig-Na-Bhfear A.C.	Timmy	Hawkins
Carraig-Na-Bhfear A.C. (Male) Under 18	Under 18	Club 6000m	Male	Carraig-Na-Bhfear A.C.	David	Maher
Carraig-Na-Bhfear A.C. (Male) Under 18	Under 18	Club 6000m	Male	Carraig-Na-Bhfear A.C.	Aaron	Sheehan
Carraig-Na-Bhfear A.C. (Male) Under 18	Under 18	Club 6000m	Male	Carraig-Na-Bhfear A.C.	Rian	O Luasa
Ennis Track A.C. (Male) Under 18	Under 18	Club 6000m	Male	Ennis Track A.C.	Niall	Murphy
Ennis Track A.C. (Male) Under 18	Under 18	Club 6000m	Male	Ennis Track A.C.	Thomas	Mcguire
Ennis Track A.C. (Male) Under 18	Under 18	Club 6000m	Male	Ennis Track A.C.	Cian	O'Boyle
Ennis Track A.C. (Male) Under 18	Under 18	Club 6000m	Male	Ennis Track A.C.	Conor	Faulkner
Ennis Track A.C. (Male) Under 18	Under 18	Club 6000m	Male	Ennis Track A.C.	Colin	Ryan
Ennis Track A.C. (Male) Under 18	Under 18	Club 6000m	Male	Ennis Track A.C.	Roman	Fahy
Leevale A.C. (Male) Under 18	Under 18	Club 6000m	Male	Leevale A.C.	Daniel	Buckley
Leevale A.C. (Male) Under 18	Under 18	Club 6000m	Male	Leevale A.C.	Fearghal	Desmond
Leevale A.C. (Male) Under 18	Under 18	Club 6000m	Male	Leevale A.C.	Matthew	Lee
Leevale A.C. (Male) Under 18	Under 18	Club 6000m	Male	Leevale A.C.	Oisin	Whyte
Leevale A.C. (Male) Under 18	Under 18	Club 6000m	Male	Leevale A.C.	Darragh	Keily
Waterford A.C. (Male) Under 18	Under 18	Club 6000m	Male	Waterford A.C.	Harry	Colbert
Waterford A.C. (Male) Under 18	Under 18	Club 6000m	Male	Waterford A.C.	Aidan	Burke
Waterford A.C. (Male) Under 18	Under 18	Club 6000m	Male	Waterford A.C.	Peter	Ellickson
Waterford A.C. (Male) Under 18	Under 18	Club 6000m	Male	Waterford A.C.	Tom	Halley

COUNTY TEAMS

Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Ennis Track A.C.	Katie	Troy
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Fergus A.C.	Nicole	Griffin
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Ennis Track A.C.	Aisling	Kelly
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Fergus A.C.	Anna	Donnelly
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Fergus A.C.	Caoimhe	Mc Mahon
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	St. John's A.C.	Roisin	Mc Mahon
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	St. John's A.C.	Ava	Comerford
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Marian A.C.	Caoimhe	Neylon
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Ennis Track A.C.	Courtney	Flynn
Clare County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Ennis Track A.C.	Willow	Brace
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	North Cork A.C.	Emma	Flynn
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	North Cork A.C.	Michaela	Flynn
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Grange/Fermoy A.C.	Emilie	Mc Elvaney
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Leevale A.C.	Anna	Vaughan Reddan
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	North Cork A.C.	Hannah	O Connell
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Blarney/Inniscara A.C.	Niamh	O Connor
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	West Muskerry A.C.	Orla	O Brien
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	North Cork A.C.	Grace	O Callaghan
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Carraig-Na-Bhfear A.C.	Ellie	Cafferkey
Cork County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	St. Catherine's A.C.	Aimee	Kearney
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Dualla Ballytarsna Boherlahan A.C.	Aoife	O Donnell
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Newport A.C.	Caoimhe	Bourke
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Dualla Ballytarsna Boherlahan A.C.	Leah	O Connell
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Dundrum A.C.	Belle	Kelly
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Dundrum A.C.	Elisse	Kelly
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Moynes A.C.	Olive	Spillane Leane
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Dualla Ballytarsna Boherlahan A.C.	Faye	Burke
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Dundrum A.C.	Molly	Butler
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Dundrum A.C.	Mia	Mc Cormack
Tipperary County 2000m (Female) Under 12 A	Under 12	County 2000m	Female	Moynes A.C.	Ciara	Joyce
Clare (Male) Under 12	Under 12	County 2000m	Male	St. Cronans A.C.	Oran	Duignan
Clare (Male) Under 12	Under 12	County 2000m	Male	St. Cronans A.C.	Daithi	Ryan
Clare (Male) Under 12	Under 12	County 2000m	Male	St. Cronans A.C.	Cathal	Ryan
Clare (Male) Under 12	Under 12	County 2000m	Male	St. Cronans A.C.	Dylan	Price
Clare (Male) Under 12	Under 12	County 2000m	Male	St. Cronans A.C.	Max	Garvey
Clare (Male) Under 12	Under 12	County 2000m	Male	Ennis Track A.C.	Jack	Barrett
Clare (Male) Under 12	Under 12	County 2000m	Male	St. John's A.C.	Oran	Comerford
Clare (Male) Under 12	Under 12	County 2000m	Male	St. Cronans A.C.	Micheal	O Leary
Clare (Male) Under 12	Under 12	County 2000m	Male	Fergus A.C.	Cathal	O Rourke
Clare (Male) Under 12	Under 12	County 2000m	Male	St. Cronans A.C.	Milo	Leahy
Cork (Male) Under 12	Under 12	County 2000m	Male	St. Catherine's A.C.	Conor	Ronayne
Cork (Male) Under 12	Under 12	County 2000m	Male	Blarney/Inniscara A.C.	Eoghan	Looney
Cork (Male) Under 12	Under 12	County 2000m	Male	Doheny A.C.	Sammy	O'Mahony
Cork (Male) Under 12	Under 12	County 2000m	Male	St. Catherine's A.C.	Kenneth	O Connell
Cork (Male) Under 12	Under 12	County 2000m	Male	North Cork A.C.	Stephen	Mchugh
Cork (Male) Under 12	Under 12	County 2000m	Male	Midleton A.C.	Max	Smiddy
Cork (Male) Under 12	Under 12	County 2000m	Male	Leevale A.C.	Tom	Crowley
Cork (Male) Under 12	Under 12	County 2000m	Male	Leevale A.C.	Max	O Connor
Cork (Male) Under 12	Under 12	County 2000m	Male	Youghal A.C.	Ruby	Devereux
Cork (Male) Under 12	Under 12	County 2000m	Male	West Muskerry A.C.	Darragh	Manning
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Dundrum A.C.	Albert	Maher
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Clonmel A.C.	Rory	Hennessy
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Newport A.C.	Darragh	Healy
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Moycarkey Coolcree A.C.	Sean	Sheehan
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Clonmel A.C.	Devin	Ryan
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Newport A.C.	Donagh	Horgan
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Dundrum A.C.	Niall	Quirke
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Clonmel A.C.	Adam	Prout
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Newport A.C.	Kyran	Foley
Tipperary (Male) Under 12	Under 12	County 2000m	Male	Dundrum A.C.	Rocco	Julian
Clare (Female) Under 14	Under 14	County 3000m	Female	Ennis Track A.C.	Faye	Mannion
Clare (Female) Under 14	Under 14	County 3000m	Female	Ennis Track A.C.	Sophie	Maher
Clare (Female) Under 14	Under 14	County 3000m	Female	Fergus A.C.	Emma	Haugh
Clare (Female) Under 14	Under 14	County 3000m	Female	St. John's A.C.	Sinead	Robertson
Clare (Female) Under 14	Under 14	County 3000m	Female	Ennis Track A.C.	Aoife	Keane
Clare (Female) Under 14	Under 14	County 3000m	Female	Ennis Track A.C.	Emily	Singleton
Clare (Female) Under 14	Under 14	County 3000m	Female	Ennis Track A.C.	Mina	Gomes
Clare (Female) Under 14	Under 14	County 3000m	Female	Tulla A.C.	Zoe	Quinn
Clare (Female) Under 14	Under 14	County 3000m	Female	St. John's A.C.	Allisha	Ryan
Clare (Female) Under 14	Under 14	County 3000m	Female	Ennis Track A.C.	Siobhan	Healy

Cork (Female) Under 14	Under 14	County 3000m	Female	Midleton A.C.	Elle - Kate	Mc Rae
Cork (Female) Under 14	Under 14	County 3000m	Female	Midleton A.C.	Alicia	Moono - Hegarty
Cork (Female) Under 14	Under 14	County 3000m	Female	Grange/Fermoy A.C.	Rachel	O Flynn
Cork (Female) Under 14	Under 14	County 3000m	Female	Youghal A.C.	Vivien	Millerick
Cork (Female) Under 14	Under 14	County 3000m	Female	Carraig-Na-Bhfear A.C.	Faye	O'Riordan
Cork (Female) Under 14	Under 14	County 3000m	Female	West Muskerry A.C.	Eanna	Duff
Cork (Female) Under 14	Under 14	County 3000m	Female	North Cork A.C.	Kate	Healy
Cork (Female) Under 14	Under 14	County 3000m	Female	Leevale A.C.	Ella	Dinan
Cork (Female) Under 14	Under 14	County 3000m	Female	St. Catherine's A.C.	Charlotte	Norman
Cork (Female) Under 14	Under 14	County 3000m	Female	North Cork A.C.	Caolainn	Ryan
Waterford (Female) Under 14	Under 14	County 3000m	Female	West Waterford A.C.	Sarah	Gaffney
Waterford (Female) Under 14	Under 14	County 3000m	Female	West Waterford A.C.	Fia	De Paor
Waterford (Female) Under 14	Under 14	County 3000m	Female	West Waterford A.C.	Aoife	O Donovan
Waterford (Female) Under 14	Under 14	County 3000m	Female	West Waterford A.C.	Kyla	Flavin
Waterford (Female) Under 14	Under 14	County 3000m	Female	West Waterford A.C.	Lauren	Cliffe
Waterford (Female) Under 14	Under 14	County 3000m	Female	West Waterford A.C.	Ami	Flavin
Waterford (Female) Under 14	Under 14	County 3000m	Female	Finisk Valley A.C.	Laoise	Cummins
Waterford (Female) Under 14	Under 14	County 3000m	Female	K.C.K. A.C.	Katie	Fennell
Waterford (Female) Under 14	Under 14	County 3000m	Female	Waterford A.C.	Ciara	Rohan
Waterford (Female) Under 14	Under 14	County 3000m	Female	Waterford A.C.	Lucy	Clinton
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	St. Cronans A.C.	Finn	Duignan
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	St. Cronans A.C.	Daithi	O Leary
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Ennis Track A.C.	Jack	Dilleen
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Ennis Track A.C.	Aodan	O'Lachtain
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	St. John's A.C.	Jacob	Greene
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	St. Marys (Clare) A.C.	Eoin	Soffe
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	St. Marys (Clare) A.C.	James	Meehan
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	St. Cronans A.C.	Tadhg	Hassett
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Derg A.C.	Tom	Arthur
Clare County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Ennis Track A.C.	Ryan	Kelly
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	North Cork A.C.	Tomas	Kiely
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Togher A.C.	Ben	O Reilly Murphy
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Carraig-Na-Bhfear A.C.	Cian	Ryan
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	North Cork A.C.	Iain	Buckley
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Belgooly A.C.	Darragh	O'Connor
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Blarney/Inniscara A.C.	Conor	Looney
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	West Muskerry A.C.	Brendan	O Leary
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	North Cork A.C.	Sean	O Callaghan
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Grange/Fermoy A.C.	Finn	O Driscoll
Cork County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Leevale A.C.	Luke	Merrigan
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Dualla Ballytarsna Boherlahan A.C.	Rory	Crosse
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Newport A.C.	Charlie	Tobin
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Nenagh Olympic A.C.	Dylan	Bergin
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Newport A.C.	Oisin	Kennedy
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Nenagh Olympic A.C.	Ruairi	Walshe
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Newport A.C.	Michael	Healy
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Moycarkey Coolcroo A.C.	Harry	Sheppard
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Clonmel A.C.	Darragh	Boland
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Dundrum A.C.	Evan	Burke
Tipperary County 3000m (Male) Under 14 A	Under 14	County 3000m	Male	Newport A.C.	Eamon	O Bioragra
Clare (Female) Under 16	Under 16	County 4000m	Female	Ennis Track A.C.	Lucy	Shannon
Clare (Female) Under 16	Under 16	County 4000m	Female	Ennis Track A.C.	Grace	Rynne
Clare (Female) Under 16	Under 16	County 4000m	Female	Ennis Track A.C.	Tara	Carey
Clare (Female) Under 16	Under 16	County 4000m	Female	Ennis Track A.C.	Lucy	Power
Clare (Female) Under 16	Under 16	County 4000m	Female	St. Marys (Clare) A.C.	Aisling	Crowe
Clare (Female) Under 16	Under 16	County 4000m	Female	Ennis Track A.C.	Hayley	Barrett
Clare (Female) Under 16	Under 16	County 4000m	Female	Ennis Track A.C.	Nicole	Keane
Clare (Female) Under 16	Under 16	County 4000m	Female	St. Marys (Clare) A.C.	Gemma	Galvin
Clare (Female) Under 16	Under 16	County 4000m	Female	St. Marys (Clare) A.C.	Aoife	Lillis
Clare (Female) Under 16	Under 16	County 4000m	Female	St. Marys (Clare) A.C.	Hazel	O Shea
Cork (Female) Under 16	Under 16	County 4000m	Female	Leevale A.C.	Claire	Crowley
Cork (Female) Under 16	Under 16	County 4000m	Female	Skibbereen A.C.	Caomhe	Flannery
Cork (Female) Under 16	Under 16	County 4000m	Female	Leevale A.C.	Hannah	Arrigan
Cork (Female) Under 16	Under 16	County 4000m	Female	Leevale A.C.	Nicole	Dinan
Cork (Female) Under 16	Under 16	County 4000m	Female	Carraig-Na-Bhfear A.C.	Aine	Sheridan
Cork (Female) Under 16	Under 16	County 4000m	Female	Midleton A.C.	Katie	Hennessy
Cork (Female) Under 16	Under 16	County 4000m	Female	Durrus A.C.	Behhinn	Horstmanshoff
Cork (Female) Under 16	Under 16	County 4000m	Female	Midleton A.C.	Elsa	Ryan
Cork (Female) Under 16	Under 16	County 4000m	Female	Midleton A.C.	Isabelle	Nestor
Cork (Female) Under 16	Under 16	County 4000m	Female	Midleton A.C.	Emma	Bell
Waterford (Female) Under 16	Under 16	County 4000m	Female	Finisk Valley A.C.	Eimear	Griffin

Waterford (Female) Under 16	Under 16	County 4000m	Female	Waterford A.C.	Grace	Fanning
Waterford (Female) Under 16	Under 16	County 4000m	Female	Waterford A.C.	Rebecca	Farrell
Waterford (Female) Under 16	Under 16	County 4000m	Female	Waterford A.C.	Muireann	Duffin
Waterford (Female) Under 16	Under 16	County 4000m	Female	Waterford A.C.	Ella Mai	Marshall
Waterford (Female) Under 16	Under 16	County 4000m	Female	West Waterford A.C.	Grainne	Moore
Waterford (Female) Under 16	Under 16	County 4000m	Female	West Waterford A.C.	Claudia	O Halloran
Waterford (Female) Under 16	Under 16	County 4000m	Female	West Waterford A.C.	Fiona	O Riordan
Waterford (Female) Under 16	Under 16	County 4000m	Female	Waterford A.C.	Eabha	Lynch
Clare (Male) Under 16	Under 16	County 4000m	Male	Ennis Track A.C.	Peter	Farrell
Clare (Male) Under 16	Under 16	County 4000m	Male	West Clare Sports and Fitness Club	Aodán	Mac Consaidín
Clare (Male) Under 16	Under 16	County 4000m	Male	Ennis Track A.C.	Ben	O'Halloran
Clare (Male) Under 16	Under 16	County 4000m	Male	Ennis Track A.C.	Simon	Farrell
Clare (Male) Under 16	Under 16	County 4000m	Male	Ennis Track A.C.	Sean	O Loughlin
Clare (Male) Under 16	Under 16	County 4000m	Male	Ennis Track A.C.	Cillian	Hayes
Clare (Male) Under 16	Under 16	County 4000m	Male	Ennis Track A.C.	Iarlaith	Mcelroy
Clare (Male) Under 16	Under 16	County 4000m	Male	St. John's A.C.	Colm	Mcmahon
Clare (Male) Under 16	Under 16	County 4000m	Male	Fergus A.C.	Michael	Donnelly
Clare (Male) Under 16	Under 16	County 4000m	Male	Ennis Track A.C.	Eoin	Breslin
Cork (Male) Under 16	Under 16	County 4000m	Male	Belgooly A.C.	Eoghan	O'Connor
Cork (Male) Under 16	Under 16	County 4000m	Male	Riverstick/Kinsale A.C.	Ryan	Mccarthy
Cork (Male) Under 16	Under 16	County 4000m	Male	Carraig-Na-Bhfear A.C.	Aidan	Maher
Cork (Male) Under 16	Under 16	County 4000m	Male	St. Catherine's A.C.	Conor	Hayes
Cork (Male) Under 16	Under 16	County 4000m	Male	Togher A.C.	Leo	Murray
Cork (Male) Under 16	Under 16	County 4000m	Male	St. Catherine's A.C.	Senan	O Reilly
Cork (Male) Under 16	Under 16	County 4000m	Male	Blarney/Inniscara A.C.	Jack	O Rourke
Cork (Male) Under 16	Under 16	County 4000m	Male	Leevale A.C.	Conor	Twomey
Cork (Male) Under 16	Under 16	County 4000m	Male	Carraig-Na-Bhfear A.C.	Bobby	O'Riordan
Cork (Male) Under 16	Under 16	County 4000m	Male	Durrus A.C.	Finnian	Lawton
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Nenagh Olympic A.C.	Diarmuid	Moloney
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Nenagh Olympic A.C.	Ben	Walshe
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Nenagh Olympic A.C.	Thomas	Bergin
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Dualla Ballytarsna Boherlahan A.C.	Daire	O'Donnell
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Clonmel A.C.	Cian	Flaherty
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Templemore A.C.	Oscar	Duggan
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Mooreabbey Milers A.C.	Paddy	Chapman
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Moyne A.C.	Adam	Phelan
Tipperary (Male) Under 16	Under 16	County 4000m	Male	Dundrum A.C.	Tadhg	O'Donnell
Clare (Female) Under 18	Under 18	County 4000m	Female	Ennis Track A.C.	Neasa	Niainifein
Clare (Female) Under 18	Under 18	County 4000m	Female	Ennis Track A.C.	Aimee	Barrett
Clare (Female) Under 18	Under 18	County 4000m	Female	Ennis Track A.C.	Michelle	Healy
Clare (Female) Under 18	Under 18	County 4000m	Female	Ennis Track A.C.	Ellen	Mannion
Clare (Female) Under 18	Under 18	County 4000m	Female	Ennis Track A.C.	Avril	Lillis
Clare (Female) Under 18	Under 18	County 4000m	Female	Ennis Track A.C.	Mary Ann	Murray
Cork (Female) Under 18	Under 18	County 4000m	Female	Youghal A.C.	Avril	Millerick
Cork (Female) Under 18	Under 18	County 4000m	Female	Youghal A.C.	Emma	Landers
Cork (Female) Under 18	Under 18	County 4000m	Female	Youghal A.C.	Avril	Cashman
Cork (Female) Under 18	Under 18	County 4000m	Female	Youghal A.C.	Alex	Cashman
Cork (Female) Under 18	Under 18	County 4000m	Female	Carraig-Na-Bhfear A.C.	Rebecca	Kelleher
Cork (Female) Under 18	Under 18	County 4000m	Female	Leevale A.C.	Lydia	Walshe
Cork (Female) Under 18	Under 18	County 4000m	Female	Grange/Fermoy A.C.	Rachael	Walsh
Cork (Female) Under 18	Under 18	County 4000m	Female	North Cork A.C.	Ellen	Meehan
Cork (Female) Under 18	Under 18	County 4000m	Female	Leevale A.C.	Clodagh	Kelleher
Cork (Female) Under 18	Under 18	County 4000m	Female	Carraig-Na-Bhfear A.C.	Mary	Dorgan
Clare (Male) Under 18	Under 18	County 6000m	Male	Ennis Track A.C.	Niall	Murphy
Clare (Male) Under 18	Under 18	County 6000m	Male	Fergus A.C.	Barry	Conway
Clare (Male) Under 18	Under 18	County 6000m	Male	Ennis Track A.C.	Thomas	Mcguire
Clare (Male) Under 18	Under 18	County 6000m	Male	Ennis Track A.C.	Cian	O'Boyle
Clare (Male) Under 18	Under 18	County 6000m	Male	Ennis Track A.C.	Conor	Faulkner
Clare (Male) Under 18	Under 18	County 6000m	Male	St. John's A.C.	Gerard	Dunne
Clare (Male) Under 18	Under 18	County 6000m	Male	Ennis Track A.C.	Colin	Ryan
Clare (Male) Under 18	Under 18	County 6000m	Male	Ennis Track A.C.	Roman	Fahy
Clare (Male) Under 18	Under 18	County 6000m	Male	Derg A.C.	Oisín	Hayes
Cork (Male) Under 18	Under 18	County 6000m	Male	Carraig-Na-Bhfear A.C.	Eoin	Quirke
Cork (Male) Under 18	Under 18	County 6000m	Male	Durrus A.C.	Sean	Lawton
Cork (Male) Under 18	Under 18	County 6000m	Male	Leevale A.C.	Daniel	Buckley
Cork (Male) Under 18	Under 18	County 6000m	Male	Youghal A.C.	Liam	O'Connor
Cork (Male) Under 18	Under 18	County 6000m	Male	Durrus A.C.	Fionn	Harrington
Cork (Male) Under 18	Under 18	County 6000m	Male	Liscarroll A.C.	Robert	Troy
Cork (Male) Under 18	Under 18	County 6000m	Male	Leevale A.C.	Fearghal	Desmond
Cork (Male) Under 18	Under 18	County 6000m	Male	Leevale A.C.	Matthew	Lee
Cork (Male) Under 18	Under 18	County 6000m	Male	Carraig-Na-Bhfear A.C.	Timmy	Hawkins

Cork (Male) Under 18	Under 18	County 6000m	Male	Carraig-Na-Bhfear A.C.	David	Maher
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OPEN U18 ENTRIES

Indiv 4000m	Indiv 4000m	Under 18	Isobel	Kellegher	Isobel Kellegher	F	Liscarroll A.C.	Cork
Indiv 4000m	Indiv 4000m	Under 18	Orla	Ryan	Orla Ryan	F	Dundrum A.C.	Tipperary
Indiv 6000m	Indiv 6000m	Under 18	Sean	Hayes	Sean Hayes	M	Nenagh Olympic A.C.	Tipperary
Indiv 6000m	Indiv 6000m	Under 18	Tom	Walshe	Tom Walshe	M	Nenagh Olympic A.C.	Tipperary