

Munster Development and Academy Squads 2022/ 2023

Details for the 2022/2023 Munster Development and Academy Squads are as follows:

	Development Squad	Academy Squad
Saturday 10 th September in Templemore Track	11am – 1pm	1.30pm - 3.30pm
Saturday 8 th October 2021 in Templemore Track	11am – 1pm	1.30pm - 3.30pm
Saturday 12 th November in Templemore Track	11am – 1pm	1.30pm - 3.30pm
Saturday 10 th December in Templemore Track	11am – 1pm	1.30pm - 3.30pm

The **Development Squad** takes place from 11am – 1pm on each day and is open to all athletes U12 +. Everyone must pre-register. The squad will cost €7 per day per athlete and each athlete must register before each squad day. All links for registering will be sent out in advance. Athletes may do two events per session **but please just register and pay for one otherwise you will be charged twice.**

Please register online at this link – <https://eventmaster.ie/event/3KxYSx4tZW>

Development Squad:

For athletes U12 to U15

Please check in at the venue from **10.45am**. Events covered on the Development Squad are as follows:

Saturday 10th September - Sprints, Long Jump, High Jump, Javelin, Middle Distance & Walks*. **POLE Vault will take place in Nenagh Indoor stadium on SUNDAY September 11th.**

Saturday 8th October – Short Hurdles, Shot, Javelin, Pole Vault, Middle Distance & Walks*

Saturday 12th November - Sprints, Long Jump, High Jump, Javelin , Pole Vault, Middle Distance & Walks*.

Saturday 10th December – Short Hurdles, Shot, Javelin, Pole Vault, Middle Distance & Walks*

- **Development Group for Walks with Frank Lynch/Martin Hurley will take place on each day with the Academy Walks Squad from 1.30pm to 3.30pm.*

- *Middle Distance Sessions with Sean Finn will take place from 11am to 1pm each day for both Development and Academy Squads*
- *Pole vault on day 1 will take place in Nenagh indoor stadium for both groups on Sunday September 11th. Development squad (11-1pm) , Performance squad (1.30-3.30pm).*

All athletes must be registered for 2022.

Development Coaches

Kevin Cogley	Sprints
Oisín Fitzpatrick	Short Hurdles
Pat Power	Long Jump
Olivia Scully Hahne	High Jump
Dave Fratarolli	Shot Putt
Brian Scanlon	Javelin
Eamon Flanagan	Pole Vault
Sean Finn	Middle Distance
Frank Lynch/Martin Hurley	Walks

The **Academy Squad** is for selected athletes only (athletes U16 to U19 who finished in the top 3 at the Munster Championships and schools).

*The Academy Squad will run from 1.30pm to 3.30pm (except for Discus which will run from 11am to 1pm and Hammer which will run from 10-12pm) on the same dates as above but will cover all events.**

- *Pole vault for day 1 of the academy squad will take place in Nenagh indoor stadium from 1.30-3.30pm on Sunday September 11th.*

Academy Coaches

Kevin Cogley	Sprints
Oisín Fitzpatrick	Short Hurdles & Sprints
Pat Power	Long Jump
David Murphy	Triple Jump
Eamon Flanagan	Pole Vault
Olivia Scully Hahne	High Jump
Sean Whitney	Discus (11-1pm each day)
Brian Scanlon	Javelin
Dave Fratarolli	Shot Putt
John Dwyer	Hammer (10am-12 pm each day)
Sean Finn	Middle Distance
Frank Lynch/Martin Hurley	Walks

Those selected (see list below) are asked to register and pay for the Academy squad online where the athlete will also select the event they wish to take part in. The cost of the Academy Squad is €35 plus transaction fee for the 4 sessions and possibly another session over the Christmas holidays. ***Please just register for one event as otherwise you will be charged twice and you can join another event on the day if you so wish.*** Link to register and pay is here –

Academy Squad: <https://eventmaster.ie/event/A1zbujllv>

Middle Distance Sessions will take place with Sean Finn from 11am to 1pm and will include both Development and Academy athletes.

Discus will take place from 11am to 1pm each day to facilitate athletes who also wish to do Shot Putt from 1.30pm to 3.30pm.

Hammer will take place from 10am-12pm each day to facilitate athletes who also wish to do Shot Putt from 1.30pm to 3.30pm.

Walks Sessions will take place with Frank Lynch and Martin Hurley from 1.30pm to 3.30pm and will include both Development and Academy athletes.

Pole vault for day 1 September 10th will take place in Nenagh indoor stadium from 1.30-3.30pm with Eamon Flanagan.

All athletes must be registered for 2022.

For any queries or further information please contact Grace Lynch, gracelynch@athleticsireland.ie

Munster Academy Squad 2022 – 2023

List is based on 2022 Results & Age Groups (Top 3 at Munster indoor and outdoor events, and those who medaled at All Irelands)

Munster Outdoors

Middle Distance			Jumps		
Name	Category	Club	Name	Category	Club
O Reilly, Senan	BU17	St. Catherine's A.C.	Nicholas, Lisa	GU16	Tulla A.C.
O'Connor, Eoghan	BU17	Belgooly A.C.	Cussen, Aisling	GU16	Old Abbey A.C.

Mac Consaidin, Aodan	BU17	West Clare Sports & Fitness Cl		Byrne O Connell, Caoimhe	GU16	Ennis Track A.C.
Halley, Tom	BU18	Waterford A.C.		O Shaughnessy, Orla	GU16	Dooneen A.C.
Mcguire, Thomas	BU18	Ennis Track A.C.		O dwyer, Ellen	GU18	Nenagh Olympic A.C.
Mc lean, Dinny	BU18	Midleton A.C.		Ryan, Cathal	BU17	Templemore A.C.
Dinan, Nicole	GU17	Leevale A.C.		Quary, Ethan	BU17	Riverstick/Kinsale A.C.
O'Boyle, Holly	GU17	Ennis Track A.C.		Feerick, Tom	BU17	Finisk Valley A.C.
Bell, Emma	GU17	Midleton A.C.		Onoh, Ryan	BU15	Leevale A.C.
O Keeffe, Katie	GU18	Leevale A.C.		O Leary, Oisin	BU15	Killarney Valley A.C.
Mannion, Ellen	GU18	Ennis Track A.C.		Joy O'Regan, Robert	BU15	Sun Hill Harriers A.C.
Murphy, Ella	GU18	An Ríocht A.C.		Rochford, James	BU15	Nenagh Olympic A.C.
Flannery, Caoimhe	GU16	Skibbereen A.C.		Naughton, Oscar	BU15	Leevale A.C.
O Flynn, Olive	GU16	Bandon A.C.		Neff, Alex	BU16	Leevale A.C.
Carolan, Caoimhe	GU16	Ballymore Cobh A.C.		Murray, Dylan	BU17	Leevale A.C.
Crowley, Claire	GU17	Leevale A.C.		Fitzgerald, Joshua	BU18	Leevale A.C.
Dillon, Noelle	GU17	Lios Tuathail A.C.		Mc Hugh, Ellis	GU15	Ferrybank A.C.
Rynne, Grace	GU17	Ennis Track A.C.		Chandler, Ava	GU15	Ballymore Cobh A.C.

O'Mahony, Louise	GU18	B.M.O.H. A.C.		Maccallum, Orla	GU15	Fanahan Mc Sweeney A.C.
Bolger, Ellen	GU18	Carrick-on-Suir A.C.		Fleming, Maeve	GU17	Leevale A.C.
Walsh, Rachael	GU18	Grange/Fermoy A.C.		Walsh, Annabelle	GU17	Ferrybank A.C.
Moloney, Diarmuid	BU16	Nenagh Olympic A.C.		O'Callaghan, Eoin	BU16	Bandon A.C.
Farrell, Simon	BU16	Ennis Track A.C.		O Connor, Thomas	BU16	St. Cronans A.C.
Lawton, Finnian	BU16	Durrus A.C.		O Luasa, Rian	BU18	Carraig-Na-Bhfear A.C.
Farrell, Peter	BU17	Ennis Track A.C.		Corkery, Meabh	GU15	Midleton A.C.
Walshe, Ben	BU17	Nenagh Olympic A.C.		Bannon, Méabh	GU15	Leevale A.C.
Dillon, James	BU17	Lios Tuathail A.C.		Devereaux, Autumn	GU15	Youghal A.C.
Lawton, Sean	BU18	Durrus A.C.		Nicholas, Lisa	GU16	Tulla A.C.
Hodgins, Cian	BU18	Nenagh Olympic A.C.		Cronin, Grainne	GU16	Leevale A.C.
Fahy, Roman	BU18	Ennis Track A.C.		Kilgannon, Sorcha	GU17	Youghal A.C.
Dinan, Lauren	GU15	Leevale A.C.		Devereaux, Poppi	GU17	Youghal A.C.
Singleton, Emily	GU15	Ennis Track A.C.		Healy, Lucie	GU17	Leevale A.C.
Holland, Miah	GU15	Midleton A.C.		Wilkins, Matthew	BU17	Leevale A.C.
Mcnamara, Archie	BU15	Derg A.C.				

O'Connor, Darragh	BU15	Belgooly A.C.		Corkery, Patrick	BU17	Leevale A.C.
Purcell, Tadhg	BU15	Limerick A.C.		O'Connor, Aaron	BU18	Limerick A.C.
O Leary, Jennifer	GU16	Nenagh Olympic A.C.		Donohoe, Clodagh	GU16	Nenagh Olympic A.C.
Galvin, Gemma	GU16	St. Marys (Clare)				
O Riordan, Mollie	GU16	Lios Tuathail A.C.		Callan, Aoife	GU16	Bandon A.C.
O donnell, Daire	BU16	Dualla Ballytarsna Boherlahan A.C.		Walker, Sophie	GU16	Newport A.C.
O rourke, Jack	BU16	Blarney/Inniscara A.C.		Fitzgerald, Lucy	GU17	Tipperary Town A.C.
O Sullivan, Odhrán	BU16	Midleton A.C.				
Dinan, Lauren	GU15	Leevale A.C.		O'Sullivan, Orla	GU17	Leevale A.C.
O Flynn, Rachel	GU15	Grange/Fermoy A.C.		Mccourt, Maia	GU17	Bandon A.C.
Singleton, Emily	GU15	Ennis Track A.C.		Daly, Caoimhe	GU15	Leevale A.C.
Mcnamara, Archie	BU15	Derg A.C.				
O'Connor, Darragh	BU15	Belgooly A.C.		Ni Huigin, Eanna Iseult	GU15	Dooneen A.C.
Finn, Kevin	BU15	Nenagh Olympic A.C.		Collins, Tally	GU15	Lios Tuathail A.C.
O Leary, Jennifer	GU16	Nenagh Olympic A.C.		Foley, Bao	BU16	Tralee Harriers A.C.
Galvin, Gemma	GU16	St. Marys (Clare)				

Carolan, Caoimhe	GU16	Ballymore Cobh A.C.		Ebo, David	BU16	Midleton A.C.
Dinan, Nicole	GU17	Leevale A.C.		O rourke, Jack	BU16	Blarney/Inniscara A.C.
Crowley, Claire	GU17	Leevale A.C.		O'Regan, Katie	GU18	Riverstick/Kinsale A.C.
Murphy, Hazel	GU17	An Ríocht A.C.				
Bergin, Thomas	BU17	Nenagh Olympic A.C.		Geoghegan, Caoimhe	GU18	Carraig-Na-Bhfear A.C.
Twomey, Conor	BU17	Leevale A.C.		Mccarthy, Beth	GU18	Kenmare A.C.
O carroll, Ross	BU17	Dooneen A.C.		Igwe, David	BU18	Waterford A.C.
O'Mahony, Louise	GU18	B.M.O.H. A.C.				
O Keeffe, Katie	GU18	Leevale A.C.		Butler, Luke	BU18	Midleton A.C.
Carroll, Ruby	GU18	Clonmel A.C.		Joseph, Joel	BU18	Carraig-Na-Bhfear A.C.
Hodgins, Cian	BU18	Nenagh Olympic A.C.		Wilkins, Matthew	BU17	Leevale A.C.
Lawton, Sean	BU18	Durrus A.C.				
Dunne, Gerard	BU18	St. John's A.C.		Veerasoo, Keelan	BU17	Killarney Valley A.C.
				Gladysz, Alan	BU17	Limerick A.C.
				Onoh, Ryan	BU15	Leevale A.C.
				Schurmann, Fionn	BU15	Blackwater A.C.

				Malik, Eoin	BU15	St. Brendan's A.C.
				Backari, Okwu	GU17	Leevale A.C.
				Moloney, Leagh	GU17	Dooneen A.C.
				Mccourt, Maia	GU17	Bandon A.C.
				O Connor, Chloe	GU18	Waterford A.C.
				Neff, Alex	BU16	Leevale A.C.
				Grimes, Aoife	GU16	Limerick A.C.
				Donohoe, Clodagh	GU16	Nenagh Olympic A.C.
				Callan, Aoife	GU16	Bandon A.C.

Nmae	Cat	Club	walks	Name	Cat	Club
Martin, Aoife	GU15	Carraig-Na-Bhfear A.C.		Kellegher, Isobel	GU18	Liscarroll A.C.
Rhatigan Thompson, Ivy	GU15	Clonmel A.C.		Cashman, Alex	GU18	Youghal A.C.
Biggs, Juliet	GU15	Bandon A.C.		Collins, Ella	GU18	Bandon A.C.
De Faoite, Lusai	GU16	Kenmare A.C.		Bolger, Ellen	GU18	Carrick-on-Suir A.C.

Hickey, Eabha	GU16	West Waterford A.C.		Kellegher, Isobel	GU18	Liscarroll A.C.
Byrne, Shane	BU16	Togher A.C.		Cashman, Alex	GU18	Youghal A.C.
Horgan, Aaron	BU16	St. Brendan's A.C.		Collins, Ella	GU18	Bandon A.C.
Ní icí, Doireann	GU17	West Waterford A.C.		Walshe, Ben	BU17	Nenagh Olympic A.C.
Tuthill, Aoife	GU17	Bandon A.C.		Farrell, Peter	BU17	Ennis Track A.C.
Ceranna, Caitlin	GU18	Leevale A.C.		Maher, Aidan	BU17	Carraig-Na-Bhfear A.C.
Martin, Aoife	GU15	Carraig-Na-Bhfear A.C.		Troy, Robert	BU18	Liscarroll A.C.
Rhatigan Thompson, Ivy	GU15	Clonmel A.C.		Martin, Jack	BU18	Templemore A.C.
Biggs, Juliet	GU15	Bandon A.C.				
De Faoite, Lusai	GU16	Kenmare A.C.				
Hickey, Eabha	GU16	West Waterford A.C.				
Byrne, Shane	BU16	Togher A.C.				
Horgan, Aaron	BU16	St. Brendan's A.C.				
Ní icí, Doireann	GU17	West Waterford A.C.				

Tuthill, Aoife	GU17	Bandon A.C.				
Ceranna, Caitlin	GU18	Leevale A.C.				

Name	Category	Club	Sprints	Name	Category	Club	Hurdles
Ni Huigin, Eanna Iseult	GU15	Dooneen A.C.		O'Brien, Dean-frank	BU18	Togher A.C.	
Mullins, Louise	GU15	Fanahan Mc Sweeney A.C.		Cashman, John	BU17	Leevale A.C.	
Scriven, Faye	GU15	Leevale A.C.		Tobin, Stuart	BU16	Nenagh Olympic A.C.	
Burke, Joe	BU15	Templemore A.C.		O'Callaghan, Eoin	BU16	Bandon A.C.	
Deegan, Benjamin	BU15	Nenagh Olympic A.C.		O Mahony, Peter	BU16	St. Brendan's A.C.	
Onoh, Ryan	BU15	Leevale A.C.		Lonergan, Ava	GU18	Ferrybank A.C.	
Mulcahy, Sophie	GU16	Leevale A.C.		Stone, Sean	BU15	Templemore A.C.	
O Shaughnessy, Orla	GU16	Dooneen A.C.		Scott, Michael	BU15	Leevale A.C.	
Emenike, Mirabel	GU16	Ennis Track A.C.		Goggin, Anthony	BU15	Leevale A.C.	
Dunford, Aaron	BU16	Templemore A.C.		Backari, Okwu	GU17	Leevale A.C.	
Jolaosho, Promise	BU16	Ennis Track A.C.		Moloney, Leigh	GU17	Dooneen A.C.	
Switzer, Noah	BU16	Midleton A.C.		Walsh, Annabelle	GU17	Ferrybank A.C.	
Conway, Zoe	GU17	Leevale A.C.		Mullins, Louise	GU15	Fanahan Mc Sweeney A.C.	
Dinan, Nicole	GU17	Leevale A.C.		Cummins, Ruby	GU15	Bandon A.C.	
Cusack, Niamh	GU17	Ferrybank A.C.		Mc Hugh, Ellis	GU15	Ferrybank A.C.	
O Reilly, Jason	BU17	Killarney Valley A.C.		Golka, Natalia	GU16	Leevale A.C.	
Culligan, Daire	BU17	Fergus A.C.		Igwe, Petra	GU16	Ferrybank A.C.	
Abdalla, Mohamed	BU17	Tralee Harriers A.C.		Murphy, Caoimhe	GU16	Tramore A.C.	
Galvin, Eimear	GU18	St. Marys (Limerick) A.C.		Mullins, Louise	GU15	Fanahan Mc Sweeney A.C.	

Hynes Mclaughlin, Maire	GU18	Leevale A.C.		Duyile, Amanda	GU15	Tralee Harriers A.C.	
Conroy, Emer	GU18	Dooneen A.C.		Cummins, Ruby	GU15	Bandon A.C.	
Wenegie me, Praise	BU18	Riverstick/Kinsale A.C.		Byrne O Connell, Caoimhe	GU16	Ennis Track A.C.	
Galvin, Tadhg	BU18	Killarney Valley A.C.		Murphy, Caoimhe	GU16	Tramore A.C.	
Halley, Tom	BU18	Waterford A.C.		Mulgrew, Lucy	GU16	Tralee Harriers A.C.	
Falvey, Hannah	GU17	Belgooly A.C.		Stone, Sean	BU15	Templemore A.C.	
Backari, Okwu	GU17	Leevale A.C.		Scott, Michael	BU15	Leevale A.C.	
Dorney, Abbie	GU17	Leevale A.C.		Bergin, Dylan	BU15	Nenagh Olympic A.C.	
O'Regan, Katie	GU18	Riverstick/Kinsale A.C.		Tobin, Stuart	BU16	Nenagh Olympic A.C.	
Lawal, Debbie	GU18	Dooneen A.C.		Mckenna, Malachy	BU16	Emerald A.C.	
Walker, Nicole	GU18	An Ríocht A.C.		Jolaosho, Promise	BU16	Ennis Track A.C.	
Nyamakazi, Rex	BU18	Limerick A.C.		Sheridan, Aine	GU17	Carraig-Na-Bhfear A.C.	
Butler, Luke	BU18	Midleton A.C.		Dollard, Hannah	GU17	Togher A.C.	
Wenegie me, Praise	BU18	Riverstick/Kinsale A.C.		Boyle, Ruaidhri	BU17	Carraig-Na-Bhfear A.C.	
Amusa, Fatima	GU17	Leevale A.C.		Gladysz, Alan	BU17	Limerick A.C.	
Falvey, Hannah	GU17	Belgooly A.C.		Galvin, Eimear	GU18	St. Marys (Limerick) A.C.	
Dorney, Abbie	GU17	Leevale A.C.		Amiadamen, Victoria	GU18	Dooneen A.C.	
Amusa, Fatima	GU17	Leevale A.C.		Rooney, Grace	GU18	Youghal A.C.	
Falvey, Hannah	GU17	Belgooly A.C.		Galvin, Tadhg	BU18	Killarney Valley A.C.	
Dorney, Abbie	GU17	Leevale A.C.		O'Brien, Dean-frank	BU18	Togher A.C.	
O'Regan, Katie	GU18	Riverstick/Kinsale A.C.					
Walker, Nicole	GU18	An Ríocht A.C.					
Quirke, Molly	GU18	Dooneen A.C.					

Nyamaka zi, Rex	BU18	Limerick A.C.					
Wenegie me, Praise	BU18	Riverstick/Ki nsale A.C.					
Butler, Luke	BU18	Midleton A.C.					
Ni Huigin, Eanna Iseult	GU15	Dooneen A.C.					
Daly, Caoimhe	GU15	Leevale A.C.					
Scriven, Faye	GU15	Leevale A.C.					
Ebo, Gabriel	BU15	Midleton A.C.					
Bannon, Tyreek	BU15	Leevale A.C.					
Goggin, Anthony	BU15	Leevale A.C.					
O'Sullivan , Elena	GU16	Leevale A.C.					
Dillon, Saoirse	GU16	Lios Tuathail A.C.					
Mulcahy, Sophie	GU16	Leevale A.C.					
Ebo, David	BU16	Midleton A.C.					
Dunford, Aaron	BU16	Templemore A.C.					
Lane, David	BU16	An Ríocht A.C.					
Kellegher, Isobel	GU18	Liscarroll A.C.					
Cashman, Alex	GU18	Youghal A.C.					
Collins, Ella	GU18	Bandon A.C.					
Kellegher, Isobel	GU18	Liscarroll A.C.					
Cashman, Alex	GU18	Youghal A.C.					
Collins, Ella	GU18	Bandon A.C.					

Walshe, Ben	BU17	Nenagh Olympic A.C.					
Farrell, Peter	BU17	Ennis Track A.C.					
Maher, Aidan	BU17	Carraig-Na-Bhfear A.C.					
Troy, Robert	BU18	Liscarroll A.C.					
Martin, Jack	BU18	Templemore A.C.					

Jumps			Throws			
Name	Category	Club	Name	Category	Club	
Nicholas, Lisa	GU16	Tulla A.C.	Pacerinskaite, Kotryna	GU18	Fanahan Mc Sweeney A.C.	
Cussen, Aisling	GU16	Old Abbey A.C.	Naughton, Kate	GU18	Leevale A.C.	
Byrne O Connell, Caoimhe	GU16	Ennis Track A.C.	Carolan, Emma	GU18	Nenagh Olympic A.C.	
O Shaughnessy, Orla	GU16	Dooneen A.C.	Onoh, Briana	GU17	Leevale A.C.	
O dwyer, Ellen	GU18	Nenagh Olympic A.C.	Alfred, Angel	GU17	Dooneen A.C.	
Ryan, Cathal	BU17	Templemore A.C.	Harte, Aoibhinn	GU17	Lios Tuathail A.C.	
Quary, Ethan	BU17	Riverstick/Kinsale A.C.	Minitier, Clara	GU16	St. Marys (Clare)	
Feerick, Tom	BU17	Finisk Valley A.C.	Walsh, Rebecca	GU16	K.C.K. A.C.	
Onoh, Ryan	BU15	Leevale A.C.	Murphy, Saorlaith	GU16	West Muskerry A.C.	

O Leary, Oisín	BU15	Killarney Valley A.C.		Scanlan, Corey	BU17	Finisk Valley A.C.
Joy O'Regan, Robert	BU15	Sun Hill Harriers A.C.		Feerick, Tom	BU17	Finisk Valley A.C.
Rochford, James	BU15	Nenagh Olympic A.C.		Furlong, Christopher	BU17	Leevale A.C.
Naughton, Oscar	BU15	Leevale A.C.		O Sullivan, Elaine	GU15	Skibbereen A.C.
Neff, Alex	BU16	Leevale A.C.		Kowalcze, Lena	GU15	Blackwater A.C.
Murray, Dylan	BU17	Leevale A.C.		O'Connell, Méabh	GU15	Blarney/Inniscara A.C.
Fitzgerald, Joshua	BU18	Leevale A.C.		Naughton, Oscar	BU15	Leevale A.C.
Mc Hugh, Ellis	GU15	Ferrybank A.C.		Judd, Joshua	BU15	Carraig-Na-Bhfear A.C.
Chandler, Ava	GU15	Ballymore Cobh A.C.		Callan, Oisín	BU15	Bandon A.C.
Maccallum, Orla	GU15	Fanahan Mc Sweeney A.C.		O'Callaghan, Eoin	BU16	Bandon A.C.
Fleming, Maeve	GU17	Leevale A.C.		Conroy Fahey, David	BU16	West Waterford A.C.
Walsh, Annabelle	GU17	Ferrybank A.C.		Gleeson, Bobbie	BU16	Templemore A.C.
O'Callaghan, Eoin	BU16	Bandon A.C.		O'Callaghan, Eoin	BU16	Bandon A.C.
O Connor, Thomas	BU16	St. Cronans A.C.		Conroy Fahey, David	BU16	West Waterford A.C.
O Luasa, Rian	BU18	Carraig-Na-Bhfear A.C.		Gleeson, Bobbie	BU16	Templemore A.C.
Corkery, Meabh	GU15	Midleton A.C.		Naughton, Kate	GU18	Leevale A.C.

Bannon, Méabh	GU15	Leevale A.C.		Kingston, Katie	GU16	Skibbereen A.C.
Devereaux, Autumn	GU15	Youghal A.C.		Callan, Aoife	GU16	Bandon A.C.
Nicholas, Lisa	GU16	Tulla A.C.		Minitier, Clara	GU16	St. Marys (Clare)
Cronin, Grainne	GU16	Leevale A.C.		Scanlon, Andrew	BU17	Leevale A.C.
Kilgannon, Sorcha	GU17	Youghal A.C.		Colbert, Timmy	BU17	Carraig-Na-Bhfear A.C.
Devereaux, Poppi	GU17	Youghal A.C.		Feerick, Tom	BU17	Finisk Valley A.C.
Healy, Lucie	GU17	Leevale A.C.		Naughton, Oscar	BU15	Leevale A.C.
Wilkins, Matthew	BU17	Leevale A.C.		Malik, Eoin	BU15	St. Brendan's A.C.
				Tutty, Callum	BU15	West Waterford A.C.
Corkery, Patrick	BU17	Leevale A.C.		Scanlon, David	BU18	Leevale A.C.
O'Connor, Aaron	BU18	Limerick A.C.		Fitzgerald, Joshua	BU18	Leevale A.C.
Donohoe, Clodagh	GU16	Nenagh Olympic A.C.		O'Neill, Emmet	BU18	Templemore A.C.
				Quinn, Bryan	BU18	Templemore A.C.
Callan, Aoife	GU16	Bandon A.C.		Buckley, Averil	GU17	Finisk Valley A.C.
Walker, Sophie	GU16	Newport A.C.		Towey, Eadaoin	GU17	Fanahan Mc Sweeney A.C.
Fitzgerald, Lucy	GU17	Tipperary Town A.C.		O Sullivan, Orna	GU17	Abbey Striders A.C.

				Towey, Diarmuid	BU16	Fanahan Mc Sweeney A.C.
O'Sullivan, Orla	GU17	Leevale A.C.		Gleeson, Bobbie	BU16	Templemore A.C.
Mccourt, Maia	GU17	Bandon A.C.		Conroy Fahey, David	BU16	West Waterford A.C.
Daly, Caoimhe	GU15	Leevale A.C.		Healy-Bird, Susanne	GU15	Belgooly A.C.
				O Sullivan, Aoibhin	GU15	Abbey Striders A.C.
Ni Huigin, Eanna Iseult	GU15	Dooneen A.C.		Sheahan, Meghan	GU15	Gneeveguilla A.C.
Collins, Tally	GU15	Lios Tuathail A.C.		Quinn, Saoirse	GU17	West Waterford A.C.
Foley, Bao	BU16	Tralee Harriers A.C.		Buckley, Averil	GU17	Finisk Valley A.C.
				O Connell, Sarah	GU17	St. Catherine's A.C.
Ebo, David	BU16	Midleton A.C.		Scanlon, David	BU18	Leevale A.C.
O rourke, Jack	BU16	Blarney/Inniscara A.C.		Fitzgerald, Finn	BU18	Leevale A.C.
O'Regan, Katie	GU18	Riverstick/Kinsale A.C.		Scanlan, Corey	BU17	Finisk Valley A.C.
				Feerick, Tom	BU17	Finisk Valley A.C.
Geoghegan, Caoimhe	GU18	Carraig-Na-Bhfear A.C.		Cantwell, Donnacha	BU17	Templemore A.C.
Mccarthy, Beth	GU18	Kenmare A.C.		Kingston, Katie	GU16	Skibbereen A.C.
Igwe, David	BU18	Waterford A.C.		Coakley, Diana Rose	GU16	Skibbereen A.C.
				Miniter, Clara	GU16	St. Marys (Clare)

Butler, Luke	BU18	Midleton A.C.		O'Donovan, Adam	BU16	Skibbereen A.C.
Joseph, Joel	BU18	Carraig-Na-Bhfear A.C.		Feerick, James	BU16	Finisk Valley A.C.
Wilkins, Matthew	BU17	Leevale A.C.		Crean, Conor	BU16	Tralee Harriers A.C.
				Barry, Jade	GU17	Carrick-on-Suir A.C.
Veerasoo, Keelan	BU17	Killarney Valley A.C.		O Shea, Doireann	GU17	Farranfore Maine Valley A.C.
Gladysz, Alan	BU17	Limerick A.C.		Griffin, Emma	GU17	Dooneen A.C.
Onoh, Ryan	BU15	Leevale A.C.		Ryan, Eimer	GU15	Dooneen A.C.
				O Sullivan, Elaine	GU15	Skibbereen A.C.
Schurmann, Fionn	BU15	Blackwater A.C.		O'Connell, Méabh	GU15	Blarney/Inniscara A.C.
				O Riordan, Selena	GU18	Midleton A.C.
Malik, Eoin	BU15	St. Brendan's A.C.		Cozens, Kaley	GU18	Templemore A.C.
Backari, Okwu	GU17	Leevale A.C.		Scanlan, Corey	BU17	Finisk Valley A.C.
				Cantwell, Donnacha	BU17	Templemore A.C.
Moloney, Leagh	GU17	Dooneen A.C.		Pacerinskaite, Kotryna	GU18	Fanahan Mc Sweeney A.C.
Mccourt, Maia	GU17	Bandon A.C.		Cozens, Kaley	GU18	Templemore A.C.
O Connor, Chloe	GU18	Waterford A.C.		Coakley, Diana Rose	GU16	Skibbereen A.C.
Neff, Alex	BU16	Leevale A.C.		Kingston, Katie	GU16	Skibbereen A.C.
Grimes, Aoife	GU16	Limerick A.C.		Nwaedozie, Danielle	GU16	Belgooly A.C.
				Joy O'Regan, Robert	BU15	Sun Hill Harriers A.C.

Donohoe, Clodagh	GU16	Nenagh Olympic A.C.		Bourke, Adam	BU15	Borrisokane A.C.
				Judd, Joshua	BU15	Carraig-Na-Bhfear A.C.
Callan, Aoife	GU16	Bandon A.C.		Keane, Kieran	BU15	An Ríocht A.C.
				Stone, Sean	BU15	Templemore A.C.
				Tutty, Jonathan	BU15	West Waterford A.C.
				O'Donovan, Adam	BU16	Skibbereen A.C.
				Deasy, Morgan	BU16	Borrisokane A.C.
				Tomkins, Darragh	BU16	Gneeveguilla A.C.
				Cummins, Ruby	GU15	Bandon A.C.
				O'Connell, Méabh	GU15	Blarney/Inniscara A.C.
				Ryan, Eimer	GU15	Dooneen A.C.

Top 3 from Indoor championships

Name	cat	club			
Byrne O Connell, Caoimhie	GU16	Ennis Track A.C.	O dwyer, Ellen	GU 18	Nenagh Olympic A.C.
Golka, Natalia	GU16	Leevale A.C.	O'Connor, Aaron	BU1 8	Limerick A.C.
Mulcahy, Sophie	GU16	Leevale A.C.	Fleming, Maeve	GU 17	Leevale A.C.
Dunford, Aaron	BU16	Templemore A.C.	Moloney, Leigh	GU 17	Emerald A.C.
Lane, David	BU16	An Ríocht A.C.	Walsh, Annabelle	GU 17	Ferrybank A.C.
Herbert, Matthew	BU16	Midleton A.C.	Ryan, Cathal	BU1 7	Templemore A.C.
Purtill, Maeve	GU15	Dooneen A.C.	Feerick, Tom	BU1 7	Finisk Valley A.C.

Daly, Caoimhe	GU15	Leevale A.C.	Scanlan, Corey	BU17	Finisk Valley A.C.
Collins, Tally	GU15	Lios Tuathail A.C.	Rochford, Ava	GU18	Nenagh Olympic A.C.
Onoh, Ryan	BU15	Leevale A.C.	O dwyer, Ellen	GU18	Nenagh Olympic A.C.
O'Connell, Aidan	BU15	Ennis Track A.C.	Backari, Okwu	GU17	Leevale A.C.
Malik, Eoin	BU15	St. Brendan's A.C. (Kerry)	Moloney, Leigh	GU17	Emerald A.C.
Grimes, Aoife	GU16	Limerick A.C.	Walsh, Annabelle	GU17	Ferrybank A.C.
Callan, Aoife	GU16	Bandon A.C.	Cashman, John	BU17	Leevale A.C.
Walker, Sophie	GU16	Newport A.C.	Rochford, Ava	GU18	Nenagh Olympic A.C.
Herbert, Matthew	BU16	Midleton A.C.	Lonergan, Ava	GU18	Ferrybank A.C.
Fennell, Sean	BU16	St. Marys (Clare) A.C.	Rooney, Grace	GU18	Youghal A.C.
O Connor, Thomas	BU16	St. Cronans A.C.	Carmody, Sean	BU18	Leevale A.C.
O'Connell, MÃ©abh	GU15	Blarney/Inniscara A.C.	O'Connor, Aaron	BU18	Limerick A.C.
Purtill, Maeve	GU15	Dooneen A.C.	Falvey, Hannah	GU17	Belgooly A.C.
Cummins, Ruby	GU15	Bandon A.C.	Amusa, Fatima	GU17	Leevale A.C.
Keane, Kieran	BU15	An RÃ©ocht A.C.	Backari, Okwu	GU17	Leevale A.C.
Naughton, Oscar	BU15	Leevale A.C.	Mathews, Dennis Dickson	BU17	Dooneen A.C.
Callan, Oisin	BU15	Bandon A.C.	Kelly, Michael	BU17	Fergus A.C.
Miniter, Clara	GU16	St. Marys (Clare) A.C.	Diarrassouba, Lamine	BU17	Dooneen A.C.
Callan, Aoife	GU16	Bandon A.C.	Rooney, Grace	GU18	Youghal A.C.
Coakley, Diana Rose	GU16	Skibbereen A.C.	Walker, Nicole	GU18	An Riocht A.C.
Tomkins, Darragh	BU16	Gneeveguilla A.C.	O'Regan, Katie	GU18	Riverstick/Kinsale A.C.

Deasy, Morgan	BU16	Borrisokane A.C.	O'Reilly, Max	BU18	Unattached
Herbert, Matthew	BU16	Midleton A.C.	O'Dwyer, Colin	BU18	Leevale A.C.
Martin, Aoife	GU15	Carraig-Na-Bhfear A.C.	Regan, Samuel	BU18	Tralee Harriers A.C.
Sanchez, Fatima	GU15	Marian A.C.	Falvey, Hannah	GU17	Belgooly A.C.
Rhatigan Thompson, Ivy	GU15	Clonmel A.C.	Amusa, Fatima	GU17	Leevale A.C.
De Faoite, Lusai	GU16	Kenmare A.C.	Dorney, Abbie	GU17	Belgooly A.C.
Hickey, Eabha	GU16	West Waterford A.C.	Gui, Aaron	BU17	Belgooly A.C.
Byrne, Shane	BU16	Togher A.C.	Diarrassouba, Lamine	BU17	Dooneen A.C.
Ni ici, Doireann	GU17	West Waterford A.C.	O'Mara, Fionn	BU17	St. Cronans A.C.
Tuthill, Aoife	GU17	Bandon A.C.	Amiadamen, Victoria	GU18	Dooneen A.C.
O Sullivan, Sam	BU18	Clonmel A.C.	Galvin, Eimear	GU18	St. Marys (Limerick) A.C.
Barriscale, Danny	BU18	Leevale A.C.	Rooney, Grace	GU18	Youghal A.C.
Cummins, Ruby	GU15	Bandon A.C.	O'Reilly, Max	BU18	Unattached
Maccallum, Orla	GU15	Fanahan Mc Sweeney A.C.	Mastrobuono, Massimo	BU18	An Riocht A.C.
Mc Hugh, Ellis	GU15	Ferrybank A.C.	Carmody, Sean	BU18	Leevale A.C.
Onoh, Ryan	BU15	Leevale A.C.	Onoh, Briana	GU17	Leevale A.C.
O'Brien, Ben	BU15	Leevale A.C.	Alfred, Angel	GU17	Dooneen A.C.
Conway, Cillian	BU15	St. Cronans A.C.	Harte, Aoibhinn	GU17	Lios Tuathail A.C.
Grimes, Aoife	GU16	Limerick A.C.	Onoh, Briana	GU17	Leevale A.C.
Byrne O Connell, Caoimhie	GU16	Ennis Track A.C.	Alfred, Angel	GU17	Dooneen A.C.
Donohoe, Clodagh	GU16	Nenagh Olympic A.C.	Harte, Aoibhinn	GU17	Lios Tuathail A.C.

O Connor, Thomas	BU16	St. Cronans A.C.	Pacerinskaite, Kotryna	GU 18	Fanahan Mc Sweeney A.C.
Fennell, Sean	BU16	St. Marys (Clare)	Carolan, Emma	GU 18	Nenagh Olympic A.C.
O'Callaghan, Eoin	BU16	Bandon A.C.	Naughton, Kate	GU 18	Leevale A.C.
Scriven, Faye	GU15	Leevale A.C.	Scannell-Fleming, Dylan	BU1 8	Gneeveguilla A.C.
Ni Huigin, Eanna Iseult	GU15	Dooneen A.C.	O'Connor, Aaron	BU1 8	Limerick A.C.
Mullins, Louise	GU15	Fanahan Mc Sweeney A.C.	Bannon, Méabh	GU 15	Leevale A.C.
Burke, Joe	BU15	Templemore A.C.	Devereaux, Autumn	GU 15	Youghal A.C.
Ebo, Gabriel	BU15	Midleton A.C.	O'Shea, Anna	GU 15	Killarney Valley A.C.
Goggin, Anthony	BU15	Leevale A.C.	Bannon, Méabh	GU 15	Leevale A.C.
O'Sullivan, Elena	GU16	Leevale A.C.	Devereaux, Autumn	GU 15	Youghal A.C.
Mulcahy, Sophie	GU16	Leevale A.C.	Nicholas, Lisa	GU 16	Tulla A.C.
Gavan, RÃ³ise	GU16	Limerick A.C.	Neff, Alex	BU1 6	Leevale A.C.
Dunford, Aaron	BU16	Templemore A.C.	Devereaux, Poppi	GU 17	Youghal A.C.
Lane, David	BU16	An Ríocht A.C.	Kilgannon, Sorcha	GU 17	Youghal A.C.
Callitz, Luke	BU16	Limerick A.C.	Healy, Lucie	GU 17	Leevale A.C.
Donohoe, Clodagh	GU16	Nenagh Olympic A.C.	Rochford, Ava	GU 18	Nenagh Olympic A.C.
Miniter, Clara	GU16	St. Marys (Clare)	Fitzgerald, Joshua	BU1 8	Leevale A.C.
Cummins, Ruby	GU15	Bandon A.C.	Jenks, Ella	GU 18	Leevale A.C.
Mullins, Louise	GU15	Fanahan Mc Sweeney A.C.	Shannon, Lucy	GU 16	Ennis Track A.C.
Mc Hugh, Ellis	GU15	Ferrybank A.C.	Fanning, Grace	GU 16	Waterford A.C.
Golka, Natalia	GU16	Leevale A.C.	Carolan, Caoimhe	GU 16	Ballymore Cobh A.C.
Byrne O Connell, Caoimhie	GU16	Ennis Track A.C.	O donnell, Daire	BU1 6	Dualla Ballytarsna

					Boherlahan A.C.
O'Sullivan, Elena	GU16	Leevale A.C.	O Sullivan, Odhrán	BU16	Midleton A.C.
Scott, Michael	BU15	Leevale A.C.	Glynn, Oisin	BU16	Ennis Track A.C.
Goggin, Anthony	BU15	Leevale A.C.	O donnell, Daire	BU16	Dualla Ballytarsna Boherlahan A.C.
Naughton, Oscar	BU15	Leevale A.C.	O Sullivan, Odhrán	BU16	Midleton A.C.
O'Callaghan, Eoin	BU16	Bandon A.C.	Glynn, Oisin	BU16	Ennis Track A.C.
Mckenna, Malachy	BU16	Emerald A.C.	O'Connor, Eoghan	BU17	Belgooly A.C.
Tierney, Olly	BU16	Limerick A.C.	O Reilly, Senan	BU17	St. Catherine's A.C.
Singleton, Emily	GU15	Ennis Track A.C.	Lynch, Oisin	BU17	Killarney Valley A.C.
O Connor, Meabh	GU15	An RÃocht A.C.	Barrett, Aimee	GU18	Ennis Track A.C.
Spillane, Alana	GU15	Moyne A.C.	Bolger, Ellen	GU18	Carrick-on-Suir A.C.
Mcnamara, Archie	BU15	Derg A.C.	Murphy, Ella	GU18	An Riocht A.C.
Purcell, Tadhg	BU15	Limerick A.C.	Hodgins, Cian	BU18	Nenagh Olympic A.C.
Looney, Eoin	BU15	North Cork A.C.	Hawkins, Timmy	BU18	Carraig-Na-Bhfear A.C.
O Leary, Jennifer	GU16	Nenagh Olympic A.C.	Kiely, Sam	BU18	Riverstick/Kinsale A.C.
Shannon, Lucy	GU16	Ennis Track A.C.	Halley, Tom	BU18	Waterford A.C.
O Riordan, Mollie	GU16	Lios Tuathail A.C.	Mc lean, Dinny	BU18	Midleton A.C.
O Sullivan, OdhrÃjn	BU16	Midleton A.C.	Kiely, Sam	BU18	Riverstick/Kinsale A.C.
O rourke, Jack	BU16	Blarney/Inniscara A.C.	O Keeffe, Katie	GU18	Leevale A.C.
O donnell, Daire	BU16	Dualla Ballytarsna Boherlahan A.C.	Barrett, Aimee	GU18	Ennis Track A.C.
Falvey, Hannah	GU17	Belgooly A.C.	Mannion, Ellen	GU18	Ennis Track A.C.
Conway, Zoe	GU17	Belgooly A.C.	O'Connor, Eoghan	BU17	Belgooly A.C.
Foley, Kate	GU17	St. Marys (Limerick) A.C.	Lynch, Oisin	BU17	Killarney Valley A.C.
Culligan, Daire	BU17	Fergus A.C.	O Reilly, Senan	BU17	St. Catherine's A.C.
Gladysz, Alan	BU17	Limerick A.C.	Dinan, Nicole	GU17	Leevale A.C.
O Keeffe, Cian	BU17	Midleton A.C.	Conway, Zoe	GU17	Belgooly A.C.

Amiadamen, Victoria	GU18	Dooneen A.C.	O'Boyle, Holly	GU 17	Ennis Track A.C.
O'Reilly, Max	BU18	Unattached	Moloney, Leagh	GU 17	Emerald A.C.
O'Brien Bayer, Yeshuah	BU18	Derg A.C.	Backari, Okwu	GU 17	Leevale A.C.
Hardy, Matthew	BU18	Borrisokane A.C.	Fitzgerald, Lucy	GU 17	Tipperary Town A.C.
Fitzgerald, Lucy	GU17	Tipperary Town A.C.	Gladysz, Alan	BU1 7	Limerick A.C.
O'Sullivan, Orla	GU17	Leevale A.C.	Conway, Matthew	BU1 7	St. Cronans A.C.
Veerasoo, Keelan	BU17	Killarney Valley A.C.	Corkery, Patrick	BU1 7	Leevale A.C.
O'Neill, Emma	GU18	Carrick-on-Suir A.C.	O'Regan, Katie	GU 18	Riverstick/Kins ale A.C.
Lyne, Jessica	GU18	Leevale A.C.	O'Neill, Emma	GU 18	Carrick-on-Suir A.C.
			Bowen, Gabriella	GU 18	Leevale A.C.

