

Nenagh Sunday 11th January 2004

Senior Men

60m Hurdles

1 Kevin Burke Dooneen 9.34

200 Meters

1 Dermot Smith Navan 23.56
2 Anthony Greaney Gneeveguilla 23.65
3 Darren Coughlan Leevale 24.39

800 Meters

1 Francis O'Mahony Carrick on Suir 2.01.52
2 David Burke Waterford 2.07.33
3 Sean Mulvihill An Riocht 2.13.22

3000 Meters

1 Brendan O'Shea Slaney Olympic 8.55.76
2 Garrett Barry North Cork 9.00.38
3 Thomas Maunsel Leevale 9.17.51

High Jump

1 Brian England Templemore 1.8
2 Kevin Burke Dooneen 1.75
3 Brendan Dennehy (Jnr) Rising Sun 1.75

Long Jump

1 Kevin Burke Dooneen 6.48
2 Tom Shanahan St Mary's (Lk) 6.24
3 Brendan Dennehy (Jnr) Rising Sun 6.12

Triple Jump

1 Brendan Dennehy (Jnr) Rising Sun 10.74

4 x 200 Meters

1 Leevale 1.37.3
2 Riocht 1.49.4

60 Meters

1 Ger O'Donoghue Leevale 6.91
2 Alan Dunford Templemore 7.13
3 Darren Coughlan Leevale 7.26

400 Meters

1 Colm Rothery Ind 51.69
2 Colm Lynch Iveragh 52.06
3 John Paul O'Brien Crookstown 52.84

1500 Meters

1 Fergus Meade East Cork 4.16.52
2 Thomas Maunsel Leevale 4.24.55
3 Gerard Keane An Riocht 4.50.10

5000m Walk

1 Patrick Murphy Castleisland W.C 22.39.24
2 Sean Pender Kilmurry Ib. 26.05.61
3 Martin O'Brien Templemore 27.17.35

Pole Vault

1 Brian England Templemore 2.6
2 Joe McSweeney Emerald 2.1

Shot

1 Patsy O'Connor Tralee Harriers. 12.92
2 Kevin Burke Dooneen 12.11
3 Larry O'Grady Bilboa 9.12

56lbs Dist.

1 Patsy O'Connor Tralee Harriers. 6.73
2 Larry O'Grady Bilboa 5.11
3 Owen Casey Waterford 4.38

Junior Men

60m Hurdles

1 Shane Cullinane Nenagh Oly 8.8
2 Maurice Donoghue Carrick on Suir 8.94
3 Chris Condon Tralee Harriers. 9.27
4 Nigel O'Gorman Slieveardagh 9.41

200 Meters

1 Karl McNamara Leevale 23.02

60 Meters

1 Barry Upton Ferrybank 7.21
2 Karl McNamara Leevale 7.24
3 Shane Cullinane Nenagh Oly 7.29

400 Meters

1 Maurice Donoghue Carrick on Suir

CBP
51.06

2	Ian McNamara	Dooneen	24.09
3	Ross Kelly	Leevale	25.22

2	Barry Upton	Ferrybank	52.13
3	Brian Glynn	Dooneen	53.52

800 Meters

1	Brian Dunne	Carrick on Suir	2.02.18
2	Aiden Kennedy	Farranfore M.V.	2.36.65

1500 Meters

1	Kevin Egan	St John's (Cl)	4.40.49
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5000m Walk

1	Aiden Mounsey	Borrisokane	30.11.0
2	Paul Cotter	An Riocht	30.48.0

3000 Meters

1	Philip Conway	Ferrybank	9.13.99
2	Christopher Bracken	Thurles Crokes	9.27.00
3	Paul Stephenson	Ferrybank	9.42.15

High Jump

1	Christopher Crowley	Belgooly	1.85
2	Keith King	Kilmurry Ib.	1.8
3	Simon Hogan	Dooneen	1.7

Pole Vault

1	Alex Jones	Templemore	2.2
2	Aiden Kennedy	Farranfore M.V.	2..00

Long Jump

1	Shane Cullinane	Nenagh Oly	6.69
2	John Shanahan	St Mary's (Lk)	6.18
3	Simon Hogan	Dooneen	6.16

Triple Jump

1	Sean Carey	Slieveardagh	12.33
2	Tom Cross	Belgooly	11.9
3	Keith King	Kilmurry Ib.	11.55

Shot

1	Eamon Hartnett	Lios Tuathail	12.54
2	James Nagle	Farranfore M.V.	12.53
3	Alan O'Connor	Tralee Harriers.	12.21

x 200 Meters

1		Dooneen	1.39.2
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Senior Women

60m Hurdles

1	Orna Donoghue	Carrick on Suir	9.21
2	Orla Power	Carrick on Suir	9.31
3	Niamh Cremin	Leevale	9.47

60 Meters

1	Ailis McSweeney	U.C.C,	7.66
2	Niamh Cummins	KCK	8.53
3	Fiona Purcell	Templemore	8.95

200 Meters

1	Ailis McSweeney	U.C.C,	25.05CBP
2	Antionette Furlong	DMP	25.14
3	Maria Sheehan	Marian	26.02

400 Meters

1	Maria Sheehan	Marian	58.48
2	Susan O'Reilly	Leevale	59.45
3	Angela Hogan	Borrisokane	61.86

800 Meters

1	Dawn Kelly	Belgooly	2.22.4
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3000 Meters

1	Siobhan O'Doherty	Borrisokane	10.47.04
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3000m Walk

1	Geraldine Ingram	Templemore	18.08.1
2	Sheila Kerley	An Riocht	18.51.1

High Jump

1	Orna Donoghue	Carrick on Suir	1.6
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Pole Vault

1	Edel O'Meara	Borrisokane	2.3
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Long Jump

1	Antionette Furlong	DMP	5.95
2	Orna Donoghue	Carrick on Suir	5.31
3	Fiona Purcell	Templemore	4.23

Shot

1	Orna Donoghue	Carrick on Suir	9.52
2	Deirdre Twomey	An Riocht	8.84

4 x 200 Meters

1		Belgooly	1.49.8
2		Borrisokane	1.58.4

Junior Women

60m Hurdles

1	Mera O'Connor	Belgooly	9.72
2	Kelly Proper	Ferrybank	9.82
3	Ciara Power	Carrick on Suir	10.42

200 Meters

1	Louise Nicholson	Emerald	26.27
2	Christina Broderick	Belgooly	27.2
3	Kelly Rodnell	England	27.82

800 Meters

1	Laura Crowe	Tralee Harriers.	2.18.56
2	Kelly Rodnell	England	2.21.48
3	Louise Finn	Belgooly	2.26.32

3000 Meters

1	Maria Hally	Ferrybank	10.58.13
2	Maire Heffernan	Liscarroll	12.01.62
3	Ellen Fitzgerald	Farranfore M.V.	12.25.16

High Jump

1	Christina Broderick	Belgooly	1.5
2	Kelly Proper	Ferrybank	1.5
3	Siobhan Heffernan	Liscarroll	1.4

Triple Jump

1	Katey Byrd	Belgooly	9.97
2	Kelly Proper	Ferrybank	9.96
3	Margaret McCarthy	Blarney Innis	9.78

4 x 200 Meters

1	Emerald	1.51.2
2	Riocht	2.01.8
3	Liscarroll	2.16.9

60 Meters

1	Louise Nicholson	Emerald	8.01
2	Amy Clarke	Leevale	8.39
3	Kelly Proper	Ferrybank	8.47

400 Meters

1	Nicole O'Regan	Togher	61.78
2	Claire McSweeney	Leevale	63.19
3	Siobhan Heffernan	Liscarroll	69.93

1500 Meters

1	Louise Finn	Belgooly	5.14.71
2	Maria Jones	St Flannan's	5.29.18
3	Miriam Cashman	Liscarroll	5.40.63

3000m Walk

1	Catriona McMahon	St Mary's (Lk)	14.21.96
2	Aobheann Prenderville		18.08.22

CBP

Long Jump

1	Kelly Proper	Ferrybank	4.97
2	Caitriona DePaor	Youghal	4.75
3	Amy Clarke	Leevale	4.75

Shot

1	Kathleen Fitzgerald	Leevale	10.7
2	Sonia Kennedy	Ferrybank	10.21
3	Catriona Ryan	Slieveardagh	9.58

Nenagh Saturday 3rd January 2004

Men Over 40

60m

1	Anthony Geogehan	SLOT	8.8
2	Colm Rothery	Metro St Bridgets	8.8
3	Niall Kelly	Nenagh Oly	8.9

800m

1	Pat Grace	Nenagh Oly	2.06.1
2	Peter Gleeson	Nenagh Oly	2.06.2
3	Tony Christie	St Finbarr's	2.13.0

200m

1	Colm Rothery	Metro St Bridgets	24.5
2	Kieran Leahy	Waterford	24.9
3	Peter Gleeson	Nenagh Oly	25.7

1500m

1	Pat Nugent	St Mary's (Cl)	4.22.0
2	Ray Flanagan	Bilboa	4.42.0
3	Denis McCarthy	East Cork	4.45.0

3000M

1	Pat Nugent	St Mary's (Cl)	9.12.0
2	Denis McCarthy	East Cork	10.10.0
3	Ray Flanagan	Bilboa	10.16.0

High Jump

1	Larry O'Grady	Bilboa	1.45
2	Michael Hornibrook	Liscarroll	1.3

4 x 200

1	Nenagh Oly	1.48
2	West Waterford	1.52
3	Tralee Harriers	1.53
4	Ballynonty	2.06

Long Jump

1	Bobby Fletcher	Dundrum	4.76
2	Larry O'Grady	Bilboa	4.69
3	Nealiei Hall	Ballynonty	4.36

Shot

1	John O'Dea	Dundrum	10.29
2	Larry O'Grady	Bilboa	9
3	Daithi O'Murchu	Liscarroll	8.26

Men over 45

60m

1	Brendan Moran	West Waterford	7.6
2	Pat Canty	Tralee Harriers	7.9
3	Eugine Kirwan	SLOT	8.2

200m

1	Brendan Moran	West Waterford	25.8
2	Eugine Kirwan	SLOT	27
3	Tom McGrath	Templemore	28

800m

1	Paul Dinan	St Finbarr's	2.18.0
2	James Sexton	Kilmurry Ib.	2.20.0
3	Michael Quinlivan	Tulla	2.25.0

1500m

1	James Sexton	Kilmurry Ib.	4.44.0
2	Tommy Murphy	Skibbereen	4.52.0
3	John Sheeran	Dundrum	5.19.0

3000M

1	Tommy Murphy	Skibbereen
2	James Sexton	Kilmurry Ib.
3	Paul Dinan	St Finbarr's

High Jump

1	Patsy O'Connor	Tralee Harriers	1.4
2	Pat Canty	Tralee Harriers	1.35
3	Seamus Fox	Fanahan McSw	1.3

Long Jump

1	Tom McGrath	Templemore	4.86
2	Seamus Fox	Fanahan McSw	4.41
3	Pat Canty	Tralee Harriers	4.36

Shot

1	Patsy O'Connor	Tralee Harriers	12.22
2	Pat Canty	Tralee Harriers	8.2

Men over 50

60m

1	Jim Casey	St Cronan's	7.9
2	James O'Hare	Limerick	8.2
3	Tommy Maguire	Nenagh Oly	8.5

200m

1	James O'Hare	Limerick	27.6
2	Tommy Maguire	Nenagh Oly	29

800m

1	Tony Huff	Ballynonty	2.35.0
2	Sean O'Neill	Kilmurry Ib.	2.36.0
3	Sean Pender	Kilmurry Ib.	2.49.0

1500m

1	Tony Huff	Ballynonty	5.00.0
2	John Butler	West Limerick	5.00.1
3	Paddy Dolan	Clonmel	6.04.0

3000M

1	Tony Huff	Ballynonty	10.51.0
2	Con Kelleher	West Waterford	11.04.0
3	John Walshe	East Cork	11.26.0

High Jump

1	Liam O'Dwyer	Dundrum	1.2
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Shot

1	Liam O'Dwyer	Dundrum	7.08
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Long Jump			
1	Liam O'Dwyer	Dundrum	3.3

2	Sean Pender	Kilmurry Ib.	6.41
3	Paddy Dolan	Clonmel	5.86

Men over 55

60m			
1	Brendan Dennehy	Rising Sun	7.9
2	Donal Crowley	Tralee Harriers	8.5
3	Ned Greene	Dundrum	8.7

200m			
1	Brendan Dennehy	Rising Sun	27
2	Donal Crowley	Tralee Harriers	29.3
3	Ned Greene	Dundrum	30.4

800m			
1	Donal Crowley	Tralee Harriers	2.50.0
2	Paddy Shelly	Ballynonty	2.51.0
3	William O'Mahony	Middleton	2.53.0

1500m			
1	Paddy Shelly	Ballynonty	5.45.0

High Jump			
1	Brendan Dennehy	Rising Sun	1.3
2	Donal Crowley	Tralee Harriers	1.2
3	Dick Browne	Dundrum	1.25

3000M			
1	Paddy Shelly	Ballynonty	12.30.0

Long Jump			
1	Brendan Dennehy	Rising Sun	4.26
2	William O'Mahony	Middleton	4.03
3	Michael Kelly	Nenagh Oly	3.58

Shot			
1	Michael Kelly	Nenagh Oly	10.24
2	Micael McCormack	Fethard	7.91
3	Ned Greene	Dundrum	7.47

Men over 60

60m			
1	Jim O'Shea	Farranfore M.V.	9.4
2	Tom Houlihan	Middleton	10.2

200m			
1	Joe McSweeney	Emerald	28.5
2	Jim O'Shea	Farranfore M.V.	32.5
3	Tony Buckley	Gneeveguilla	36.9

800m			
1	Joe McSweeney	Emerald	2.47.0
2	Mike Browne	Gneeveguilla	2.51.0
3	Tony Buckley	Gneeveguilla	3.05.0

1500m			
1	Mike Browne	Gneeveguilla	5.56.0
2	Tony Buckley	Gneeveguilla	6.01.0
3	Anthony Dunne	Grange Fermoy	6.41.0

3000M			
1	Mike Browne	Gneeveguilla	11.54.0
2	Tony Buckley	Gneeveguilla	12.06.0
3	Anthony Dunne	Grange Fermoy	13.09.0

High Jump			
1	Jim O'Shea	Farranfore M.V.	1.3
2	Joe McSweeney	Emerald	1.25
3	Tom Houlihan	Middleton	1.15

Long Jump			
1	Joe McSweeney	Emerald	4.15
2	Jim O'Shea	Farranfore M.V.	3.89

Shot			
1	John Kelly	Dundrum	8.96
2	Tom Houlihan	Middleton	6.68

Men over 65

Shot			
1	Martin McDonagh	Tralee Harriers	9.93

Men over 70

60m

1	Tadgh O'Donoghue	An Riocht	10.1
2	Michael O'Beirne	Dundrum	10.4

High Jump

1	Michael O'Beirne	Dundrum	1.05.0
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Shot

1	Michael O'Beirne	Dundrum	7.08
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200m

1	Tadgh O'Donoghue	An Riocht	46.5
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Long Jump

1	Michael O'Beirne	Dundrum	2.94
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Women over 35**60m**

1	Liz Coomey	Bandon	8.7
2	Josephine Hickey	Gneeveguilla	9
3	Marie McEllisttin	Riocht	9.2

200m

1	Marie McEllisttin	Riocht	30
2	Liz Coomey	Bandon	30.2
3	Elaine Keaty	St Finbarr's	32

800m

1	Carmel Crowley	Bandon	2.40.0
2	Denise Compton	Dundrum	2.43.0
3	Kate Moyna	Riocht	2.51.0

1500m

1	Carmel Crowley	Bandon	5.14.0
2	Denise Compton	Dundrum	5.31.0
3	Kate Moyna	An Riocht	5.44.0

3000M

1	Carmel Crowley	Bandon	10.45.0
2	Maria Walsh	Clonmel	12.20.0
3	Fiona Begley	Bantry	12.31.0

High Jump

1	Kay O'Riordan	Fethard	1.4
2	Liz Coomey	Bandon	1.2

Long Jump

1	Josephine Hickey	Gneeveguilla	4.32
2	Marie McEllisttin	An Riocht	3.9

Shot

1	Josephine Hickey	Gneeveguilla	8.04
2	Liz Coomey	Bandon	7.84
3	Sile Kerley	An Riocht	6.11

Relay

1	West Cork	2.13
2	St Finbarr's	2.17
3	West Waterford	2.17
4	An Riocht	2.25

Women over 40**60m**

1	Mary Dwyer	SLOT	8.7
2	Maura McCarthy	Bantry	8.7
3	Marie O'Leary	An Riocht	9.4

200m

1	Mary Dwyer	SLOT	31.7
2	Maura McCarthy	Bantry	33

800m

1	Mary Sweeney	St Finbarr's	2.39.0
2	Mary Murphy	St Finbarr's	2.47.0
3	Regina Burton	St Finbarr's	2.50.0

1500m

1	Siobhan O'Mahoney	West Waterford
2	Regina Burton	St Finbarr's

3000M

1	Mary Sweeney	St Finbarr's	11.19.0
2	Mary Murphy	St Finbarr's	11.52.0

Long Jump

1	Mary Dwyer	SLOT	4.73
2	Maura McCarthy	Bantry	3.96
3	Marie O'Leary	Riocht	2.98

Shot

1	Marie O'Leary	Riocht	7.21
2	Maura McCarthy	Bantry	5.73

Women over 45

60m

1	Ebhana Finnegan	Rising Sun	9.3
2	Margaret Moriarty	Farranfore M.V.	9.6

800m

1	Cushla Hehir	Marian	2.51.0
2	Carmel Mhic Dhombnaill	W. Limerick	3.05.0
3	Marie Lyons	St Finbarr's	3.12.0

3000M

1	Marie Lyons	St Finbarr's	12.43.0
2	Margaret Moriarty	Farranfore M.V.	12.43.0

Shot

1	Allyson O'Neill	Ennis Track	6.56
2	Ebhana Finnegan	Rising Sun	5.48

Women over 50

60m

1	Brid McCullough	Ennis Track	11.5
2	Sheila Brosnan	Farranfore M.V.	15.9
3	Ann Nagle	Farranfore M.V.	17.3

Women over 55

Women Over 55 800m

1	Maggie Dunne	Grange Fermoy	4.15.0
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200m

1	Ebhana Finnegan	Rising Sun	35.6
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1500m

1	Cushla Hehir	Marian	
2	Margaret Moriarty	Farranfore M.V.	

High Jump

1	Allyson O'Neill	Ennis Track	1.15
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Long Jump

1	Ebhana Finnegan	Rising Sun	3.07
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800m

1	Sheila Brosnan	Farranfore M.V.	4.20.0
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Shot

1	Ann Nagle	Farranfore M.V.	4.88.
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Women Over 55 1500m

1	Maggie Dunne	Grange Fermoy	
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