

**Munster Senior Indoor Championships**  
**Nenagh, Sunday 9<sup>th</sup> January 2005**

<b>Place</b>	<b>Senior Women</b>	<b>60 Metres Hurdles</b>	<b>Standard</b>
1	Niamh Cummins	K.C.K.	9.62
2	Avril Dillon	D.S.D.	10.09
<b>Place</b>	<b>Senior Women</b>	<b>60 Metres</b>	<b>Standard</b>
1	Ailis McSweeney	Leevale	7.57
2	Avril Dillon	D.S.D.	8.18
3	Niamh Cummins	K.C.K	8.53
<b>Place</b>	<b>Senior Women</b>	<b>200 Metres</b>	<b>Standard</b>
1	Ailis McSweeney	Leevale	26.35
2	Dawn Kelly	Belgooly	27.85
3	Anglia Hogan	Borrisokane	28.58
<b>Place</b>	<b>Senior Women</b>	<b>400 Metres</b>	<b>Standard</b>
1	Dawn Kelly	Belgooly	1.01.27
2	Anglia Hogan	Borrisokane	1.03.11
<b>Place</b>	<b>Senior Women</b>	<b>800 Metres</b>	<b>Standard</b>
1	Orla Drumm	U.C.C.	2.24.19
2	Orla Power	Carrick an Suir	2.26.07
3	Edel Murphy	Ballincollig	2.31.98
<b>Place</b>	<b>Senior Women</b>	<b>1500 Metres</b>	<b>Standard</b>
1	Orla Drumm	U.C.C.	5.19.10
2	Siobhan O'Doherty	Borrisokane	5.21.21
<b>Place</b>	<b>Senior Women</b>	<b>3000 Metres</b>	<b>Standard</b>
1	Siobhan O'Doherty	Borrisokane	10.55.8
<b>Place</b>	<b>Senior Women</b>	<b>3000m Walk</b>	<b>Standard</b>
1	Miriam Hamilton	Kilmurry .Ib/ North.Clare	15.49.9
<b>Place</b>	<b>Senior Women</b>	<b>Shot Putt</b>	<b>Standard</b>
1	Rachel Akers	Marian	9.54
2	Ann Nagle	Farranfore Maine Valley	4.70.
<b>Place</b>	<b>Senior Men</b>	<b>60 Metres Hurdles</b>	<b>Standard</b>

1	Chris McDermott	Roscommon	8.6	
2	Shane Cullinane	Nenagh Oly	8.7	
3	Ian McDonnell	Crusaders	8.72	
4	Philip Kearney	Tralee Harriers	8.76	
5	Kevin Burke	Dooneen	9.25	
6	Kevin Grant	Letterkenny	9.72	
7	Liam Houlihan	West Waterford	10.32	
<b>Place</b>	<b>Senior Men</b>	<b>60 Metres</b>	<b>Standard</b>	
1	Ger O'Donoghue	Leevale	6.79	
2	Kevin Cogley	Menapians	7.08	
3	Gordon Kennedy	Tullamore	7.13	
4	Darragh Graham	Sli Cialann	7.23	
5	Dermot Smith	Navan	7.18	
6	Samual Urvoy	Ind	7.26	
7	Darren O'Donovan	Leevale	7.27	
8	Danial Kavanagh	Clonliffe Harriers	7.30.	
9	Maurice Donoghue	Carrick an Suir	7.34	
10	Kevin Walsh	Togher	7.45	
11	John Ryan	U.C.C.	7.52	
12	Kevin Burke	Dooneen	7.53	
13	Alan Lynch	Youghal	7.53	
14	Shane Delaney	Tralee Harriers	7.55	
15	Darren O'Brien	Leevale	7.63	
16	Ray Lennon	Limerick	7.79	
17	Conor Casey	Waterford	7.82	
<b>Place</b>	<b>Senior Men</b>	<b>200 Metres</b>	<b>Standard</b>	
1	Gordan Kennedy	Tullamore	22.91	
2	Kevin Cogley	Menapians	23.00.	
3	Dermot Smith	Navan	23.12	
4	Maurice Donoghue	Carrick an Suir	23.32	
5	Shane Delaney	Tralee Harriers	24.42	
6	Conor Casey	Waterford	24.75	
7	Alan Lynch	Youghal	24.82	
8	John Ryan	U.C.C.	24.86	
9	Darren O'Brien	Leevale	25.08	
<b>Place</b>	<b>Senior Men</b>	<b>400 Metres</b>	<b>Standard</b>	
1	Kevin Walsh	Togher	51.47	
2	Philip Kearney	Tralee Harriers	52.75	
3	Ronan Foulkes	Togher	53.31	
4	Seamus McAteer	Strabane Track Club	57.23	
6	William Crone	Moyne	62.62	

<b>Place</b>	<b>Senior Men</b>	<b>800 Metres</b>	<b>Standard</b>	
1	Liam Reale	Limerick	1.53.8	
2	Francis O'Mahony	Carrick an Suir	1.58.6	
3	Brian Dunne	Carrick an Suir	2.00.4	
4	Vincent Gautier	Limerick	2.01.5	
5	Paul Grant	Waterford	2.12.0.	
<b>Place</b>	<b>Senior Men</b>	<b>1500 Metres</b>	<b>Standard</b>	
1	Liam Reale	Limerick	4.00.44	
2	Brian Swaby	Waterford	4.35.37	
<b>Place</b>	<b>Senior Men</b>	<b>3000 Metres</b>	<b>Standard</b>	
1	Sean McGrath	Midleton	9.08.5	
2	Colm Turner	Ind	9.13.9	
3	Kenny Curran	Ballynonty	9.54.4	
4	John Dalton	Waterford	10.01.9	
5	Shane Mulcahy	Ballynonty	10.02.9	
6	Brian Murphy	Marian		
<b>Place</b>	<b>Senior Men</b>	<b>5000 Metres Walk</b>	<b>Standard</b>	
1	Robert Heffernan	Togher	19.41.0	
2	Colin Griffin	Ballinamore	20.16.6	
3	Patrick Murphy	Castleisland Walking .Club	23.27.2	
4	Bobby King	Dunboyne	26.20.8	
5	Aidan Walsh	Limerick	27.41.0	
6	Martin O'Brien	Templemore	29.06.6	
<b>Place</b>	<b>Senior Men</b>	<b>High Jump</b>	<b>Standard</b>	
1	Kevin Grant	Letterkenny	1.80.	
2	Liam Houlihan	West Waterford	1.80.	
3	Kevin Burke	Dooneen	1.75	
<b>Place</b>	<b>Senior Men</b>	<b>Pole Vault</b>	<b>Standard</b>	
1	Liam Houlihan	West Waterford	3.80.	
2	Kevin Grant	Letterkenny	3.40.	
3	Joe McSweeney	Emerald	2.40.	
4	Seamus Fox	Fanahan McSweeney	2.40.	
<b>Place</b>	<b>Senior Men</b>	<b>Long Jump</b>	<b>Standard</b>	
1	Shane Cullinane	Nenagh Oly	6.62	
2	Kevin Burke	Dooneen	6.53	
3	Niall Walsh	Leevale	6.46	
4	David Gomm	Raheny Shamrock	3.20.	

