

Munster Senior Men Indoor Championships 2007

	Senior Men	60m Hurdles	Final	Heat	Reaction	Pressure
1	Kevin Grant	Letterkenny	9.66		0.269	49
2	Tommy Greene	St. John's Cl	12.23		0.181	68

	Senior Men	60 Meters	Final	Heat	Reaction	Pressure
1	Darren O'Donovan	Leevale	7.13	7.24	0.218	233
2	Carl McNamara	Leevale	7.14	7.2	0.163	164
3	Derek Duff	Leevale	7.16	7.27	0.197	52
4	Alan Lynch	Youghal	7.35	7.36	0.234	203
5	Daniel Kavanagh	Clonliffe Hrs	7.35	7.3	0.179	128
6	Alan Mahoney	Menapians	7.36	7.35	0.190	157
7	Dermot Smith	Navan	7.38	7.36	0.213	123
8	Mark Dowdall	KCK	7.42	7.41	0.210	205
9	Ger O'Shea	Dooneen	7.58	7.58	0.275	82
10	Ray Lennor	Dooneen	7.69	7.69	0.234	81
11	John Corr	Leevale	7.70	7.7	0.252	88
12	John Cleary	Nenagh	7.76	7.76	0.221	206
13	Tomas Griffin	An Riocht	7.92	7.92	0.217	91

	Senior Men	200 Meters	Final	Heat	Reaction	Pressure
1	Carl McNamara	Leevale	22.68	22.77	0.178	205
2	Gordon Kennedy	Tullamore Hrs	23.42	22.69	0.182	181
3	Alan Mahoney	Menapians	23.56	23.57	0.167	223
4	Ger O'Shea	Dooneen	24.75	24.23	0.206	130
5	John Corr	Leevale	24.89	24.89	0.263	149
6	Mark Dowdall	KCK	25.85	25.85	0.161	203

	Senior Men	400 Meters	Final	Heat	Reaction	Pressure
1	Keiran Ware	Togher	52.02	53.35	0.242	196
2	Shane McCormack	Menapians	53.26	53.82	0.214	237
3	Ruadhairi Kedney	Menapians	53.29		0.241	120
4	James Ledingham	W/Waterford	54.23	54.35	0.169	72
5	Ray Lennor	Dooneen	57.31	57.31	0.228	198

	Senior Men	800 Meters	
1	Martin Conry	Sligo	1.59.97
2	Ronan Foolkes	Togher	2.04.94
3	Dave Drohan	Waterford	2.08.01
4	John Behan	KCK	2.14.89
5	Brian Swaby	Waterford	2.18.27
6	Alan Kavanagh	Waterford	2.22.79

Senior Men		1500 Meters	
1	Patrick McCarthon	W Limerick	4.03.89
2	William Hughes	Thurles Crokes	4.14.84
3	James Ledingham	W/Waterford	4.37.42

Senior Men		3000 Meters	
1	Sean McGrath	East Cork	8.59.52
2	Colm Turner	Limerick	9.01.17
3	James McCarthy	East Cork	9.04.26
4	Arthur Fitzgerald	Farranfore Mv	9.31.86
5	Brian Swaby	Waterford	

Senior Men		5000m Walk	
1	Robbie Heffernan	Togher	19.42.6
2	John Egan	Bree	22.47.5
3	Sean Pender	Kilmurry Ib NC	27.26.09

Senior Men		High Jump	
1	Keith King	Kilmurrary IB	1.90
2	Liam Houlihan	W/Waterford	1.85
3	Brendan Dennehy	Rising Sun	1.80
4	Kevin Grant	Letterkenny	1.70

Senior Men		Pole Vault	
1	Liam Houlihan	W/Waterford	4.00
2	James Flanagan	Youghal	3.40
3	Kevin Grant	Letterkenny	2.80
4	Seamus Fox	Farranfore Mv	2.00

Senior Men		Long Jump	
1	Darragh O'Farrell	Borrisokane	6.87
2	Brendan Dennehy	Rising Sun	6.03
3	Conor Sheehy	Togher	5.94
4	Tomas Griffin	An Riocht	5.56
5	Tommy Greene	St. John's Cl	5.40
6	Kevin Grant	Letterkenny	5.37

Senior Men		Triple Jump	
1	Brendan Dennehy	Rising Sun	12.26
2	Keith King	Kilmurry Ib	11.44
3	Tommy Greene	St. John's Cl	10.37

Senior Men		Shot	
1	Patsy O'Connor	Tralee Hrs.	12.64
2	James Nagle	Farranfore Mv	12.26
3	John Sheehan	Dooneen	11.17
4	Tommy Greene	St. John's Cl	11.11
5	Mursel Drita	Waterford	10.60

Senior Men		56 lbs Dist	
1	James Nagle	Farranfore Mv	7.31
2	Patsy O'Connor	Tralee Hrs.	7.00
3	Mursel Drita	Waterford	5.36

Senior Men		4 x 200 Meters	
1		Dooneen	1.40.0