

Munster Cross Country Championships

Carrig na Bhfear, Co. Cork 17th January 2010

Senior Men

10000m

Position	Name	Club	County
1	Rory Chesser	Ennis Track	Clare
2	Brian McMahon	Clonliffe Harriers	Cork
3	Liam Reale	Limerick AC	Limerick
4	Sean McGrath	East Cork	Cork
5	James McCarthy	East Cork	Cork
6	Des Casey	Millstreet	Cork
7	Lebeta Debela	Limerick AC	Limerick
8	Cian Murphy	Iveragh	Kerry
9	Brian McGinley	Ennis Track	Clare
10	Raivis Zakis	West Waterford	Waterford
11	Michael Carmody	Emerald	Limerick
12	Peter Fennel	Togher	Cork
13	Colm Turner	Limerick AC	Limerick
14	Eoin O'Sullivan	Togher	Cork
15	Donnacha O'Mahony	East Cork	
16	Thomas Maunsell	Leevale	Cork
17	Donal Coakley	Togher	Cork
18	Donal Keane	Dundrum	Tipperary
19	Arthur Fitzgerald	Farranfore Main Valley	Kerry
20	Barry Donovan	Leevale	Cork
21	Tony Fogarty	Thurles Crokes	Tipperary
22	Kenny Curran	Ballynonty	Tipperary
23	Roy Fahy	East Cork	Cork
24	Brian Murphy	Ennis Track	Clare
25	Martin Doody	Limerick AC	Limerick
26	James Grufferty	Leevale	Cork
27	Denis Shanahan	Thurles Crokes	Tipperary
28	Martin Glynn	Ennis Track	Clare
29	Martin Grealish	Ennis Track	Clare
30	Shane Mullaney	Thurles Crokes	Tipperary
31	Ger Guinea	West Limerick	Limerick
32	Keith Ryan	Limerick AC	Limerick
33	Micheal Keane	Ennis Track	Clare
34	Martin Keane	Dundrum	Tipperary
35	Patrick Murphy	Togher	Cork
36	Aoghan Mac Domhnaill	West Limerick	Limerick
37	Rory Moloney	West Waterford	Waterford
38	Dermott Kearns	West Limerick	Limerick
39	Frank O'Carroll	East Cork	Cork
40	James O' Driscoll	C.I.T.	
41	Mike Cunningham	Bilboa	Limerick
42	Danny Folan	Ennis Track	Clare
43	Pat Ryan	Dundrum	Tipperary
44	Frank Halley	Ferrybank	Waterford
45	Joe Chawke	West Limerick	Limerick

46	Kevin Moore	Dundrum	Tipperary
47	Fergal Smithwick	Marian	Clare
48	Eamon McEvoy	St. Finbarr's	
49	Ciaran Lane	West Waterford	Waterford
50	Kieran James		
51	Michael Cussen	West Limerick	Limerick
52	Sean Stilwell	West Waterford	Waterford
53	Denis McCarthy	East Cork	
54	Conor Tierney	East Cork	
55	Chris Harrington	Leevale	
56	David O'Dwyer	East Cork	
57	Michael Pat O' Regan	C.I.T.	
58	John Collins	C.I.T.	
59	Pat Murphy	Eagle	
60	Pat Bracken	Thurles Crokes	
61	Stephen Walters	Leevale	
62	Trevor Mahoney	Midleton	
63	Ronan O' Donoghue	C.I.T.	

Place	Clubs	Positions	Points
1	East Cork	4, 5, 15, 23	47
2	Limerick AC	3, 7, 13, 25	48
3	Ennis Track	1, 9, 24, 28	62
4	Togher	12, 14, 17, 35	78
5	Leevale	16, 20, 26, 55	117
6	Thurles Crokes	21, 27, 30, 60	138
7	Dundrum	18, 34, 43, 46	141
8	West Waterford	10, 37, 49, 52	148
9	West Limerick	31, 36, 38, 45	150
10	C.I.T.	40, 57, 58, 63	218

Place	County	Positions	Points
1	Cork	2, 4, 5, 6, 12, 14	43
2	Limerick	3, 7, 11, 13, 25, 31	90
3	Clare	1, 9, 24, 28, 29, 33	124
4	Tipperary	18, 21, 22, 27, 30, 34	152